



# REFLECT

**Sermon Discussion Questions - April 12 & 14, 2024**

**Follow: Reflect - Week 2**

**Psalm 51:1-12**

## **Sermon Resources**

Every week, we cultivate a list of resources to help you dig even deeper into the text and message from a weekend service. You can check them out at [cornerstonechurch.community/resources](https://cornerstonechurch.community/resources).

### **Cornerstone Men**

More than just pancakes and devotions, Cornerstone Men exists to build a community of men who face the challenges of life together and learn to follow Jesus more closely through action and shared experiences. [cornerstonechurch.community/group-details?GroupId=29751](https://cornerstonechurch.community/group-details?GroupId=29751)

### **RightNow Media**

Cornerstone provides access to RightNow Media, so if your group would like to use their resources for a study, check out the site! [rightnowmedia.org/Account/Invite/cornerstones](https://rightnowmedia.org/Account/Invite/cornerstones)

### **Cornerstone Women**

Cornerstone Women's mission is to help women follow Jesus through growth in community at Cornerstone Church. [cornerstonechurch.community/group-details?GroupId=32484](https://cornerstonechurch.community/group-details?GroupId=32484)

### **Meal for Celebrate Recovery**

Each week, a small group provides dinner for those in attendance at Celebrate Recovery. If your group is interested in serving in this way, email Gayle at [gdwight@cornerstone.team](mailto:gdwight@cornerstone.team)

## **Psalm 51:1-12**

### **Questions:**

- Read Psalm 51:1-12. This passage is all about how reflection results in confession! What do you think of when you hear the word “confession”? What feelings do you attach to it? How does that compare with David in this Psalm?
- Have you ever had a time where you saw someone model confession in a biblical way? Tell your group about it! How did that experience influence your faith?

- What keeps you from being more intentional about having times of confession with God? Why? It could be a view you have of God, a series of excuses/justifications, questions you have about it, etc.
- David did not make light of his sin in this passage, and we should not make light of our sins either like the, “Okay, fine! I did it...just forgive me already. Are we good?” approach to confession. Why is it important to acknowledge the full weight of our sin when we offend God and others?
- A common mistake with confession is that we often allow it to lead to a spiral of shame, self-pity, or self-condemnation. How can we recognize the seriousness of our sins while avoiding this spiral? How are these feelings different from David's broken and contrite spirit?
- When David cries out to the Lord for mercy and forgiveness, he receives the resulting joy of his salvation! Have you ever had an experience like that after a time of confession? How did God change you in response to that time? (\*Group Leaders: you **should not** seek explicit details about the sin involved!\*)
- One of the most beautiful Psalms in Scripture came from one of the most awful series of sins in the whole Bible! In your own life, where have you seen God create “beauty from ashes” or bring something good out of something bad?
- We all have areas where we struggle with honesty and vulnerability before God. Close out your discussion time by praying for one another, encouraging confession where it is needed and seeking restoration with God and others.