



# GUARD

## Sermon Discussion Questions - May 24 & 26, 2024

### Follow: Guard - Week 3

#### 1 Timothy 4:8-16

#### Serve SOIL 2024

Serve SoIL is Saturday, June 8th! Watch the Cornerstone Website for Project Registration this week! You can check out more info at [cornerstonechurch.com/serveSOIL](https://cornerstonechurch.com/serveSOIL).

#### Cornerstone Men

More than just pancakes and devotions, Cornerstone Men exists to build a community of men who face the challenges of life together and learn to follow Jesus more closely through action and shared experiences.

[cornerstonechurch.com/community/men](https://cornerstonechurch.com/community/men)

#### RightNow Media

Cornerstone provides access to RightNow Media, so if your group would like to use their resources for a study, check out the site!

[rightnowmedia.org/Account/Invite/cornerstones](https://rightnowmedia.org/Account/Invite/cornerstones)

#### Cornerstone Women

Cornerstone Women's mission is to help women follow Jesus through growth in community at Cornerstone Church.

[cornerstonechurch.com/community/women](https://cornerstonechurch.com/community/women)

#### Meal for Celebrate Recovery

Each week, a small group provides dinner for those in attendance at Celebrate Recovery. If your group is interested in serving in this way, email Gayle at [gdwight@cornerstone.team](mailto:gdwight@cornerstone.team)

#### 1 Timothy 4:8-16

#### Questions:

- Read 1 Timothy 4:8-16. Paul and Timothy have one of the most iconic mentorship relationships in the whole Bible. Have you ever had a mentor like Paul who spiritually trained you? Have you ever been that kind of mentor for someone else? Tell your group about it!
- While mentors and accountability with other believers is good, we are also responsible for our own spiritual training. What does it mean to “train yourself for godliness?” How do you apply this training in your daily walk with God?

- What are some obstacles or distractions that keep you from pursuing godliness? In other words, what kinds of struggles hinder your spiritual training? How do you fight against them?
  
- Verse 10 says that we “toil and strive” for our spiritual training because we “have our hope set on the living God”. How do you maintain this sense of hope? How does your hope give you endurance when you are facing a difficult season or situation?
  
- In Verse 12, Paul tells Timothy to “...let no one despise you for your youth”. Have you ever been “counted out” as a leader due to a factor like your age, gender, job title, etc.? How were you able to “set the believers an example in speech, in conduct, in love, in faith, in purity” anyway?
  
- Just like Timothy in verse 14, we each have been given spiritual gifts and a calling. What are yours? How are you tempted to neglect them? How can you keep developing your gifts for the good of the church and the advancement of God’s kingdom?
  
- Verse 16 ends with a call for Timothy to persevere and remain faithful to his ministry, even in the face of difficulties and opposition. Where are you facing challenges in your ministry today? (We all have a ministry, even if you do not work at a church!)
  - Share with your group, and encourage one another to remain steadfast in your faith and service to God. Close out your time together by praying for one another and asking God to move in those situations.