

**SAVE THE DATE:**

**MEN'S BIBLE STUDY 12/4, 12/11, 12/18**

**@ NOON @ PARSONAGE**

**MEN'S BIBLE STUDY 12/5, 12/12, 12/19**

**@ 6:30 PM @ PARSONAGE**

**PRAYER GATHERING 12/11**

**6:30—7:30 PM @ PARSONAGE**

# The Well

**DECEMBER 1, 2024**

**UGLY CHRISTMAS SWEATER**

**UGLY THOUGHTS**

**WELL OF HOPE CHURCH OF THE NAZARENE**

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**“Offering hope to all who thirst”**

## THE YEARLY WAR OF UGLY THOUGHTS

### PHILIPPIANS 4:4-9

The \_\_\_\_\_ itself ought to be the mark of every Christian \_\_\_\_\_, but it is often lost in the yearly war of ugly \_\_\_\_\_, ugly words, ugly motives, ugly actions. So, what are the causes of so many ugly thoughts?

#### I. The Days of our Lives

A. Matthew 1:18-19

B. \_\_\_\_\_ and \_\_\_\_\_ often drive our mind and spirit to ugly thoughts.

C. We are \_\_\_\_\_ (our sinful, carnal nature)

D. Matthew 1:20-21

E. \_\_\_\_\_ is found over 300 times in the Bible

F. Proverbs 3:5-6

#### II. Grave Expectations

A. Sometimes, we have our minds so fixed on what we're expecting that we \_\_\_\_\_ right in front of us.

B. Romans 12:2

C. The Lord's Prayer: \_\_\_\_\_

D. Philippians 4:6-7

#### III. The Minefield of Emotions

A. Ephesians 4:6-7

B. Emotional \_\_\_\_\_ often produce

\_\_\_\_\_.  
C. Luke 6:45

D. Matthew 4:24-27

Three men were walking on a wall, \_\_\_\_\_  
\_\_\_\_\_, when \_\_\_\_\_

Took an awful fall, and \_\_\_\_\_ was  
taken aback, so close was \_\_\_\_\_ to  
\_\_\_\_\_, he stumbled and fell too,  
but \_\_\_\_\_ remained, and pulled  
\_\_\_\_\_ up and \_\_\_\_\_ brought  
\_\_\_\_\_ too.

