

I. Working at Relational Peace (1-3)

A. Something to remember together (1) - “Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.” **We are spiritual siblings, called unto family love in Jesus**

B. Something to pursue together (2) - “I entreat Euodia and I entreat Syntyche to agree in the Lord.”

C. Something to guard together (3) - “Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.” **We should be agents of reconciliation wherever division appears in the Body of Christ**

II. Prioritizing Emotional Peace (5-7)

A. Treasure joy in your soul (4) - “Rejoice in the Lord always; again I will say, rejoice.”

B. Wean yourself from agitation (5) - “Let your reasonableness be known to everyone. The Lord is at hand.”

B. Refuse to nurture anxiety (6) - “Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”

C. Receive a calmed heart (7) - “And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”

III. Taking Ownership of Mental Peace (8)

“Think about these things...” - **Denotes a constant thought process**

A. Focus on that which is biblical - “...whatever is true...”

B. Focus on that which is superior - “...whatever is honorable...” **Reverent, dignified, noble**

C. Focus on that which is holy - “...whatever is just...pure...lovely...”

D. Focus on that which is worthy - “...whatever is commendable, if there is any excellence, if there is anything worthy of praise...”

IV. Learning From People of Peace (9)

A. Accept the role of a life-long student - “What you have learned...”

B. Choose your role models wisely - “...received and heard and seen in me...”

C. Live out your beliefs consistently - “...practice these things, and the God peace will be with you.”