

I. David Was Longing (1-3) **David had lost: marriage, job, parents, mentor, best friend, & his dignity**

A. **Longing for answers (1)** - “With my voice I cry out to the Lord; with my voice I plead for mercy to the Lord.”

B. **Longing for compassion (2)** - “I pour out my complaint before Him; I tell my trouble before Him.”

C. **Longing for strength (3a)** - “When my spirit faints within me, you know my way!”
Proverbs 18:14 - The spirit of a man will sustain his infirmity, but a wounded spirit who can bear?

D. **Longing for direction (3b)** - “In the path where I walk, they have hidden a trap for me.”

II. David Was Lonely (4)

“Look to the right and see: there is none who takes notice of me; no refuge remains to me; no one cares for my soul.”

David's search - “Look to the right and see:...” David's solitude - “...there is none who takes notice of me...”
David's sadness - “...no one cares for my soul.” This is the lie of despair

III. David Was Loosed (5-7)

A. **The choice to cry out to God (5)** - I cry to you, O Lord; I say, “You are my refuge, my portion in the land of the living.”
David was thoroughly broken but intensely believing

B. **The reason to cry out to God (6)** - “Attend to my cry, for I am brought very low! Deliver me from my persecutors, for they are too strong for me!”

C. **The result of crying out to God (7)** - “Bring me out of prison, that I may give thanks to Your name! The righteous will surround me, for You will deal bountifully with me.”

1. A new start - “Bring me out of prison...”
2. A new song - “...that I may give thanks to Your name...”
3. A new support - “...the righteous will surround me...”
4. A new security - “...for You will deal bountifully with me.”

IV. David Was Learning (1 Samuel 22:1-2)

A. **God gives David a place (1a)** - “David departed from there and escaped to the cave of Adullam.”

B. **God gives David a people (1b)** - “And when his brothers and all his father's house heard it, they went down there to him.”

C. **God gives David a purpose (2)** - “And everyone who was in distress {pressure} and everyone who was in debt {poverty}, and everyone who was bitter in soul {problems} gathered to him. And he became commander over them. And there were with him about four hundred men.”

These men would become David's “mighty men” and later form his royal cabinet