

## Guilt and Shame

What is the difference between guilt and shame?

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How is guilt dealt with? What is the ultimate answer?

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Everyone has experienced shame. What are some reasons that Pastor Tim and Phil share that make it hard for people to identify and deal with shame?

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What Bible story does Pastor Tim share that teaches Christians about how Christ deals with our shame?

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Why is guilt good according to Phil? Why is it good according to Pastor Tim?

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Outside of Jesus, what is the biggest need for someone struggling with shame?

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