

## Episode 6 - Combat Sports

There was mention in this episode about the usage of sorts as an illustration of the Christian life in the Bible. An example would be boxing mentioned in 1st Corinthians 9. Can you think of any others? Specific ones to combat sports?

---

---

---

---

One of the guests used the phrase “the Gospel is everywhere.” Do you find yourself surprised by the idea that something like combat sports could be used to share the Gospel or grow in the Christian life?

---

---

---

---

Considering what Pastor Tim explains Ephesians 6:12, how do you prepare to face the struggles of walking with Christ? What is the 1% you are putting in everyday? What is your game plan?

---

---

---

---

In your Christian life, what are the hard disciplines that God is trying to create in your life that you struggle with? What soft virtues do you struggle with? Use your answers to build a prayer for God’s help and the Spirit’s work.

---

---

---

---