

Food and the Early Church

Food and our relationships comes up several times in the first four episodes. Pastor Shawn makes the connection between sharing a meal with others as something that is a normal part of the Christian life. Have you ever considered this idea?

A good question to consider when Comparing Acts 3 and 1st Corinthians 11 is, who are you eating with? Who in your church are you not eating with? Should this matter?

What did the lifting of dietary restrictions found in the Old Testament teach about the Gospel? What do you think about Pastor Tim's idea of trying new foods as a reminder of the Gospel being for everyone?

Have you ever fasted? Do/Did you think it is for "super Christians?"

How can fasting be spiritually beneficial?

Pastor Shawn's Breakfast Casserole

6 Large Eggs

6 Slices of white bread cubed (or sourdough)

1 tsp dry mustard (or regular)

½ tsp salt

¼ tsp pepper

2 cups of 2% milk

2 cups grated cheddar cheese

1lb bacon or sausage, or ham, or spam (cook meats first, except spam)

Options: Onion, Green peppers, Jalapeno Peppers, mushrooms

Combine all ingredients into a greased 9x13 pan. Bake at 350 for 45 minutes