



**NO REGRETS** **W/ FUEL**



SATURDAY APRIL 14, 2018

[MENWITHNOREGRETSS.ORG](http://MENWITHNOREGRETSS.ORG)

## SPEAKERS



KRIS DOLBERRY



ROD HANDLEY



DAVID DELK



BRIAN DOYLE



MIKE YOUNG

## HOSTS



STEVE SONDERMAN



BRETT CLEMMER



# FUEL

**KRIS DOLBERRY** is a pastor, Bible teacher, writer, and trainer of leaders. Having served in pastoral leadership for 17 years, Kris now leads Ministry to Men at LifeWay Christian Resources. He also serves as Executive Editor of "Stand Firm: A Devotional for Men". He is experienced at helping churches develop systems for intentional disciple making and strategic mission.

Kris enjoys exercise, landscaping, traveling, and watching his beloved Auburn Tigers play football. He is married to Vanessa, his high-school sweetheart. They have three children: Konnor, Emma, and Brady. They live outside Nashville, Tennessee.

**ROD HANDLEY** is the Founder & President of Character that Counts, a ministry established in 2000. Rod has spoken all across the nation about character, integrity and accountability issues. He has written over 20 books including "Character Counts: Who's Counting Yours?"

He served on the staff of the Fellowship of Christian Athletes, including 11 years as the COO/CFO. He has also spoken at hundreds of chapel services for a number of NFL, NBA and MLB teams, including serving as team chaplain for the Kansas City Royals and the Seattle Super-Sonics. Rod and his wife Janna live in Lee's Summit, MO and they have four children.

**DAVID DELK** began his career as an energy management engineer, but he joined Man in the Mirror in 2003 and has served as its Executive Director, President, and CEO. David authored and co-authored several books including "No Man Left Behind". He has trained thousands of local church men's leaders over his 22-year time with Man in the Mirror.

David currently serves as Executive Pastor at Grace Church and often lead's men's training and seminars across the country. He and his wife, Ruthie, have two grown children and live in the Greenville, SC area.

**BRIAN DOYLE** has served with The Navigators, Promise Keepers, and directed Vision New England's Men's Ministries. The goal of all of these ministries was to equip local churches to train men for spiritual leadership in their homes, churches and communities.

In 2007 he founded Iron Sharpens Iron, which mobilizes more than 50 regional Christian men's conferences each year across the country. Brian lives with his 5 children outside Orlando.

**MIKE YOUNG** is the Founder and Executive Director of Noble Warriors in Richmond, Virginia. The ministry serves local churches as they equip men to walk with Christ and lead well. Mike and the NW team consult and coach churches across Virginia to follow Jesus' example of investing strategically and intentionally in men.

Mike also serves as the President of the National Coalition of Ministries to Men where he and many others encourage individuals, ministry leaders, churches and denominations to disciple men. He's also a member of the Iron Sharpens Iron Conference Network and the Fatherhood CoMission. Mike and Stacy live in Chesterfield VA. They have three sons and a daughter.

**STEVE SONDERMAN** has been a pastor at Elmbrook Church since 1984 and most recently moved into a new role as Executive Pastor of Ministries. Besides working with the men of Elmbrook for the past 25 years, he regularly speaks at men's conferences and consults and leads seminars nationally and internationally, assisting churches in developing local men's ministries.

In his free time he leads the No Regrets Men's Ministry and is chaplain for the Milwaukee Brewers baseball team. Steve and Colleen have been married for 33 years and have four children and two grandchildren.

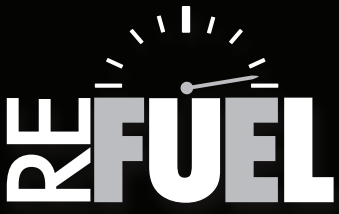
**BRETT CLEMMER** is a husband, father, disciple-maker, outdoor enthusiast, and avid Boston sports fan. After a career in both the business and social service sectors, Brett joined Man in the Mirror in 2000 and currently serves as President. His passion is to make the church relevant to younger men and men on the fringe. He breaks through the resistance that many men feel toward spiritual topics with his use of personal stories and humor.

Brett and his wife, Kimberly, live just outside Orlando, Florida, where they have raised a couple of great kids. His latest hobby is riding a mountain bike (sometimes into gator-infested rivers).



## REFUEL SCHEDULE

- :30 CHECK-IN
- :15 WELCOME  
Brett Clemmer
- :25 OPENING SESSION:  
The Crucial Call To Men's Disciple-making  
Steve Sonderman
- :20 TALK #1  
Creating a Culture of Relentless Discipleship  
David Delk
- :20 DISCUSSION
- :20 TALK #2 Creating Momentum With and Without Events  
Brian Doyle
- :20 DISCUSSION
- :15 BREAK
- :20 TALK #3  
Capture & Sustain Momentum: How Men 'Do' Small Groups  
Brett Clemmer
- :20 DISCUSSION
- :20 TALK #4  
Building Your Leadership Team  
Mike Young
- :20 DISCUSSION
- :40 LUNCH
- :20 TALK #5  
Helping Men to Overcome Traps  
Rod Handley
- :20 DISCUSSION
- :20 TALK #6  
Ministry to Men: Is It Worth It?  
Kris Dolberry
- :20 DISCUSSION
- :20 BREAK
- :35 LARGE GROUP/PANEL DISCUSSION
- :30 CLOSING SESSION: "GO, THEREFORE..."  
Brett Clemmer



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**TALK #1:**  
**CREATING A CULTURE OF RELENTLESS DISCIPLESHIP**  
DAVID DELK - GREENVILLE, SC

Vision of making disciples by developing the Create, Capture, Sustain mindset within men.

**Create (Value)**

Environment in their church where the Holy Spirit inspires men to engage in life-on-life discipleship

- Opportunities for men to get involved
- Give men something they find valuable
- Personal initiative of men going after other men

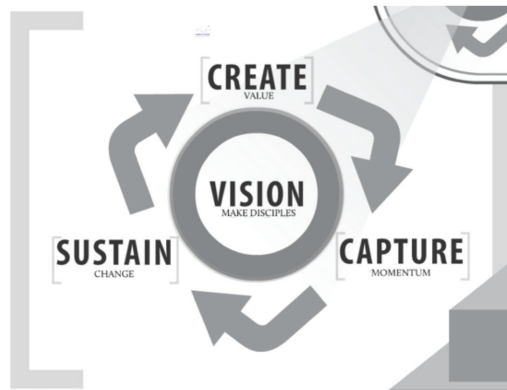
Think about how you can identify allies—men who will go after other men, who will own the idea of personally inviting other men to be a part of that initiative.

**Capture (Momentum)**

- Give men believable next steps
- Short-term believable opportunity that you can put in front of a man in the context of a relationship
- Have one event and have men who attend various ministries talk about those ministries with the men who are disconnected
- On-site commitment for them (men in the crowd personally inviting those men)

**Sustain (Change)**

- Every interaction our church is having with any man is Men's ministry. part of our men's discipleship process.
- Drive men towards the most effective disciple-making ministries in our church
- Get behind the things that are working already
- Take advantage of where God is already working in your church



**DISCUSSION & APPLICATION**

1. What are ways your church creates value for men today?
2. Thinking about one of those concrete examples, what is a concrete “capture momentum” step that might make sense? (If possible, use things already happening at your church, like an existing Sunday morning class for couples that was going to be meeting anyway.)
3. Do you have a group of allies committed to going after men and helping them grow? What ideas from this session could help you begin to build or grow this group of men?
4. What would you say are the most effective disciple-making ministries or activities in your church? What is a step you could take to be more intentional about moving new men into these ministries?

*Recommended Resources:*

“No Man Left Behind” by Patrick Morley, David Delk and Brett Clemmer (maninthemirror.org)



**TALK #2:**  
**CREATING MOMENTUM WITH AND WITHOUT EVENTS**  
BRIAN DOYLE - ORLANDO, FL

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1. **The Big Idea**  
How does Almighty God view men?
2. **Events - Do Less, Do Them Better**  
Men are saved by grace, but extend little grace  
Validate a man's investment of time
3. **The Importance of Critical Mass**  
Numbers count  
Again, validate a man's investment of time
4. **Consider 3X a Year - Tradition**  
Exodus 23; Exodus 34; Deuteronomy 16
5. **Build a Masculine Context**  
Specific to men; safe for men; honoring to men
6. **Biblical Mandates for Men**  
Unique roles and responsibilities God gives to men
7. **Equip and Train vs Preach and Teach**  
Examples; models; illustrations; pathways; Tools
8. **Visible vs Invisible Ministry**  
Relationships, relationships, relationships
9. **Personal Invite for Every Man**  
Everything leads up to the personal invite
10. **Back to the Big Idea**  
Ministry *TO* men leads to ministry *THROUGH* men

**DISCUSSION & APPLICATION**

At your church, how many people attend on Sunday morning?  
How many households?

How many men's events did your ministry promote this past year?

How many men are part of your church?

How many Christian men are in your community?

What is the BEST thing you have ever done in ministry to men?

What are the top 3-5 topics you need to offer to your church's men?

Is your leadership team modeling brotherhood?

Who can you prayerfully ask to join your team?

Are you convinced of the 'Big Idea'?

*Recommended Resources:*

"**ENGAGE; Building Your Church Based Ministry to Men**" by Brian Doyle, Thomas Cheshire, and Brad Stewart

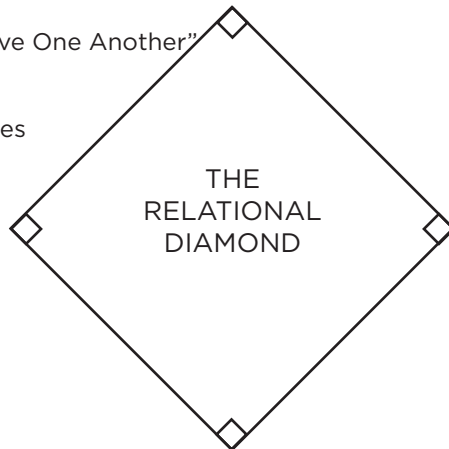


**TALK #3:**  
**CAPTURE & SUSTAIN MOMENTUM—HOW MEN ‘DO’ SMALL GROUPS**  
BRETT CLEMMER - ORLANDO, FL

So you've gotten a man to take a step forward in his journey towards biblical manhood. Now what?

**Three Keys to Help Men Take the Right Next Step**

1. Get the Appointment
2. Start with Something Easy
  - Believable
  - Achievable
  - Appropriate
3. Don't Violate the Process
  - 1st Base: Acquaintances - "Accept One Another"
    - Context (Form)
      - Parameters
      - Confidentiality
  - 2nd Base: Friends - "Encourage One Another"
    - Conflict (Storm)
      - Rules of engagement
      - Life crisis or personality conflicts
  - 3rd Base: Brothers - "Exhort One Another"
    - Covenant (Norm)
      - Accountability
      - You cannot start an accountability group; you can only become one
      - Permission & trust
- Home Plate: Kingdom Builders - "Serve One Another"
  - Commission (Perform)
    - Contribution
    - Disciples who make dDisciples
4. Intentional Spiritual Friendships
  - Process
  - Spiritual identity



**DISCUSSION & APPLICATION**

1. How well does your church do at getting the appointment on the spot? How will you specifically "get the appointment" at your next activity?
2. When you invite men to take the next step, how should you determine what material or activity you will offer next?
3. What are some effective ways to help set the parameters as you help men become acquaintances?
4. What kinds of conflict have you seen a group go through? Did it help deepen or break bonds in the group? Why?
5. "You cannot start an accountability group; you can only become one." Do you agree or disagree? Why?
6. What are some challenges to moving to the Contribution/Kingdom Builder level? How can you overcome them?

*Recommended Resources:*

**"Men With No Regrets- Leader Training Manual"** by Steve Sonderman (nsresources.com)  
**"Brothers! Calling Men Into Vital Relationships"** by Geoff Gorsuch with Dan Schaffer (amazon.com)



**TALK #4:  
BUILDING YOUR LEADERSHIP TEAM**  
MIKE YOUNG - RICHMOND, VA

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**Men's Discipleship Is a Team Sport - Why?**

Throughout the Bible, ministry is modeled to us in the context of community and teams.

Genesis 1:26 "Then God said, "Let us make man in our image, after our likeness. And let them have dominion..."

Old Testament: Moses, Aaron and Hur, Jonathan and his armor bearer, David's mighty men, Moses and the tribal judges

New Testament: Jesus had a team: disciples were sent out in pairs: Peter and John, Paul and Barnabas, Paul and Silas, Paul and Timothy

Focus on Jethro and Moses (Exodus 18)

**Jesus Was the Master of Leadership Development!**

**Four Key Lessons:**

- 1. Alone is exhausting and dangerous**
  - a. Blind spots are real.
  - b. Every man is a finite resource.
- 2. Diversity of skills and people matter**
  - a. What skills do you need or desire for your leadership team?
  - b. What groups of men are you trying to reach? Are they represented in leadership?
  - c. Use a matrix to help with your recruitment and selection.
- 3. Engage more men**
  - a. Strategic planning and thinking will help you invite men from the 'fringe' to join your team.
  - b. Follow Jesus' model. Look for men with undeveloped talent and invest in them.
  - c. You may need to start with a list of ALL the men who would call your church home.
- 4. Develop new leaders**
  - a. Men's ministry initiatives provide great training ground for young men or reluctant men to learn and sharpen leadership skills.
  - b. Leverage a key leader who others want to emulate. Release him from other obligations and give him one job... Reproduce yourself. Grow other men who are capable of leading!

**Practical Thoughts: What Does This Look Like?**

The A-Team Model: Hannibal, Murdock, B. A., Faceman

The Manger Build: Prayer Guy, Logistics Guy, Communications Guy, Construction Guy, A Face Man

Men's Retreat: Prayer Guy, Registration Guy, Promotion Guy, Food Guy, Activities Guy

Summer is for Team Development: Begin planning now for a fall men's campaign... Catalytic Event> Capture Momentum> Sustain Change. Start by developing a team to pray, plan, prepare and execute the strategy!

*Recommended Resources:*

- "How To Disciple Men: Short and Sweet" by 45 Men's Ministry Experts (NCMM.org)
- "Why Men Hate Going to Church" by David Murrow (churchformen.com)
- "Sleeping Giant: No Movement of God Without the Men of God" by Kenny Luck (everymanministries.com)
- "The Manger Build: A Tool for Building Men" by Noble Warriors (themangerbuild.org)

**DISCUSSION &  
APPLICATION**

1. What was/is your most successful team experience?
2. Review Jethro's visit with Moses in Exodus 18. What strikes you about this interaction?
3. What would a mix of skill mixes and demographic representation look like for your men's ministry?
4. What's your next major men's initiative? Who could/should be on your team?





**TALK #5:  
HELPING MEN TO OVERCOME TRAPS**  
ROD HANDLEY - KANSAS CITY, MO

**“Accountability:** being subject to the obligation to report, explain, or justify something; being responsible or answerable to someone.”

**Importance of Accountability Scripture:**

**Proverbs 11:14** “Where there is no guidance, the people fall, but in abundance of counselors there is victory.”

**Proverbs 9:8-9** “Reprove a wise man, and he will love you. Give instruction to a wise man, and he will be still wiser, Teach a righteous man, and he will increase His learning.”

**Proverbs 12:1** “Whoever loves discipline loves knowledge, but he who hates reproof is stupid.”

**Proverbs 27:17** “Iron sharpens iron, so one man sharpens another.”

**Proverbs 27:6** “Faithful are the wounds of a friend, but deceitful are the kisses of an enemy.”

**Hebrews 3:13** “But encourage one another day after day, as long as it is still called ‘Today,’ lest any one of you be hardened by the deceitfulness of sin.”

**James 5:16** “Therefore, confess your sins to one another, and pray for one another, so that you may be healed. The effective prayer of a righteous man can accomplish much.”

**Ecclesiastes 4:9-10** “Two are better than one, because they have a good return for their work. If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!” (NLT: The man who is alone is in real TROUBLE).

**Five Biblical Mandates For Accountability: Why Should I Be Accountable?**

1. Satan, our enemy, loves to see us STUMBLE (1 Peter 5:8-9)
2. The world is closely WATCHING us (Ephesians 5:16)
3. To remain RIGHT with the Lord (Ephesians 2:4-10)
4. It ENCOURAGES other believers and ourselves (Hebrews 10:24)
5. JUDGMENT is coming (Ecclesiastes 12:14)

**Six Benefits Of Being Accountable: Guaranteed!**

1. You will GROW in your Christian walk
2. You will gain DEEPER friendships
3. You will have a greater UNDERSTANDING
4. You will experience PEACE
5. You will live by your PRIORITIES
6. You will develop a SUPPORT system

*Recommended Resources:*

[characterthatcounts.org](http://characterthatcounts.org)

“Life In View Of Eternity” by Rod Handley, Luke Bowers with Gordon Thiessen

“Character That Counts- Who’s Counting Yours?” by Rod Handley

**DISCUSSION &  
APPLICATION**

1. What is the main reason you think men resist accountability? What is the main reason they need accountability?
2. The key to accountability is to determine areas of your life where you need immediate and specific help. What temptations, time pressures and demands are men currently facing? How might accountability help them?
3. Are your men currently in accountable relationships?
  - If yes, are you satisfied with your church’s current accountability groups? Why or why not? What could be done to improve your groups?
  - If no, what can you do right away?



**TALK #6:**  
**MINISTRY TO MEN: IS IT WORTH IT?**  
KRIS DOLBERRY - NASHVILLE, TN

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**Matthew 16:13-18**

13 When Jesus came to the region of Caesarea Philippi, He asked His disciples, "Who do people say that the Son of Man is?"

14 And they said, "Some say John the Baptist; others, Elijah; still others, Jeremiah or one of the prophets."

15 "But you," He asked them, "who do you say that I am?"

16 Simon Peter answered, "You are the Messiah, the Son of the living God!"

17 And Jesus responded, "Simon son of Jonah, you are blessed because flesh and blood did not reveal this to you, but My Father in heaven.

18 It should be: And I also say to you that you are Peter, and on this rock I will build My church, and the gates of hell will not prevail against it."

**Jesus Gives Peter Two Things:**

**1. Jesus gave Peter a PURPOSE.**

Genesis 3:15 - "I will put enmity between you and the woman, and between your offspring and her offspring; he shall bruise your head, and you shall bruise his heel."

**Church** (Ekklesia): A gathering. Called out ones. Often used as a military term. An army.

- Peter, I want you to lead my army (Church)

**Acts 1:8** - "But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria,

and to the end of the earth."

- Peter living in the purpose that God created him for

- Delivers famous sermon and thousands come to faith in Christ

- In that moment Jesus built his church through Peter

**2. Jesus gave Peter a PROMISE.**

**Matthew 16:18** - "And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it."

- Nothing will stop the Church!

• "... the gates of hell will not prevail against it."

**DISCUSSION & APPLICATION**

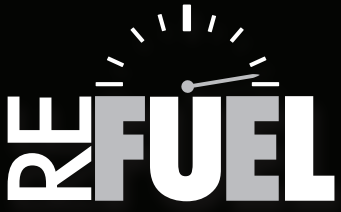
1. What is the hardest thing about men's leadership for you?

2. What is the actual cause of that struggle?

3. How is Jesus' promise to Peter encouraging to you?

*Recommended Resources:*

"**Pastoring Men**" by Patrick Morley - (nsresources.com, Sku: 9780802414441)





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# NETWORKING LIST:

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e-mail

Church

Location

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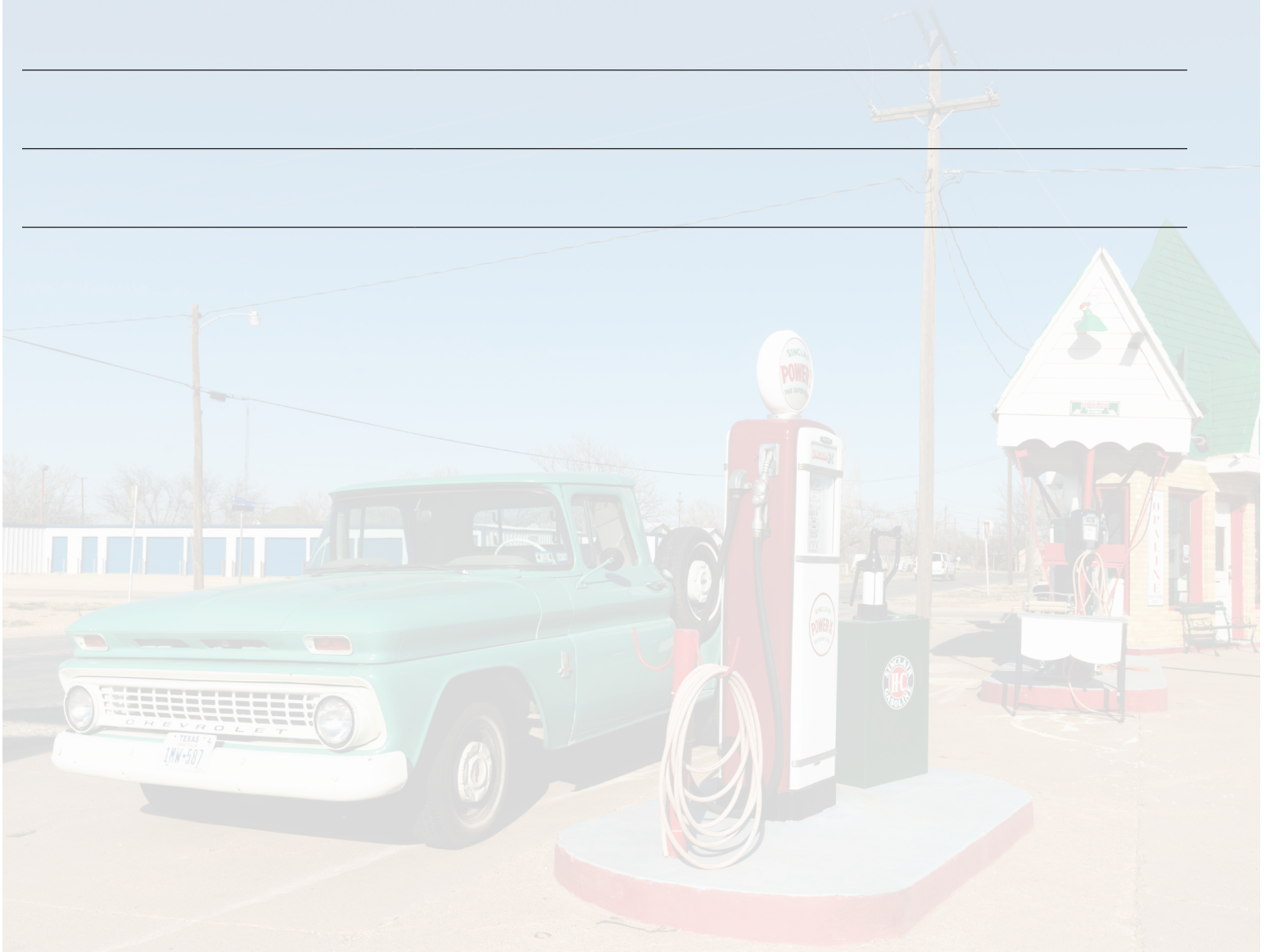


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# GO JUMPSTART

— YOUR MINISTRY TO MEN —



DOES YOUR MINISTRY NEED A JUMPSTART? GET *GOING* IN JUST NINE WEEKS!

READY



## FOR THE KEY LEADER: A PLAN

A Facilitator Workbook is included to help with planning, recruiting, and leading your team.

SET

## FOR THE TEAM: TRAINING

Recruit men to a four-week leadership class, using the *GO: Jumpstart Your Ministry to Men* DVD series from Man in the Mirror. Training is based on the proven No Man Left Behind Model\* with a focus on the Create-Capture-Sustain engine that drives ongoing discipleship. Leader Workbooks are provided with planning exercises and tips for success.



\*Visit [NoManLeftBehind.org](http://NoManLeftBehind.org) for information about our leadership training.

GO

## FOR THE MEN: CURRICULUM

Kick off your ministry efforts with a simple men's event; included are outlines, invitation templates, and a video testimony to share with your guys.



Before the men leave the event, we'll show you how to get them to commit to a four-week follow-up study on the spot, called *GO: The Journey to Biblical Manhood*.

Then at the end of four weeks, you'll be ready to offer men the right next step in their discipleship journey.



ORDER AT [MANINTHEMIRROR.ORG/GO](http://MANINTHEMIRROR.ORG/GO)  
AND JUMPSTART YOUR MINISTRY TO MEN.

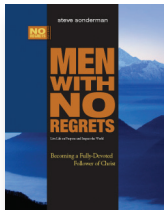
# NO REGRETS

## FOR THE OTHER 364 DAYS

## NO REGRETS STUDY SERIES

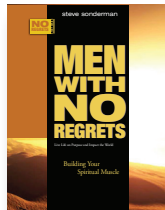
Disciplining Men to Become Fully Devoted Followers of Christ.

**Book 1:**  
*Becoming a Fully-Devoted  
Follower of Christ*



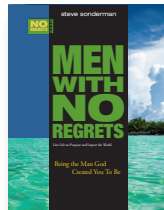
Discover how to follow after Jesus and find your Kingdom purpose.

**Book 2:**  
*Building Your  
Spiritual Muscle*



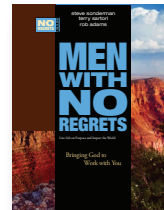
Explore the spiritual disciplines God uses to train and work out His team.

**Book 3:**  
*Being the Man God  
Created You to Be*



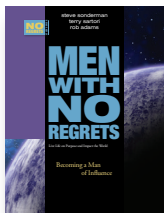
Learn how God defines masculinity and become the man He created you to be.

**Book 4:**  
*Bringing God to  
Work with You*



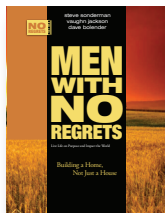
Study how to keep your integrity, find balance and serve others on the job.

**Book 5:**  
*Being a Man  
of Influence*



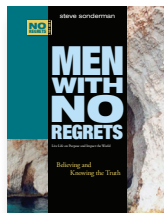
Identify your spiritual gifts and create change as a servant leader.

**Book 6:**  
*Building a Home,  
Not Just a House*



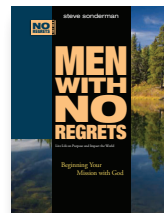
Explore practical tools for growing your marriage and parenting your children.

**Book 7:**  
*Believing and  
Knowing the Truth*

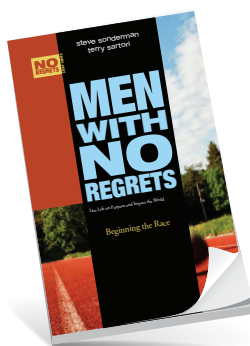


Solidify your faith as you learn the reasons why-to-believe what-you-believe.

**Book 8:**  
*Beginning Your  
Mission With God*



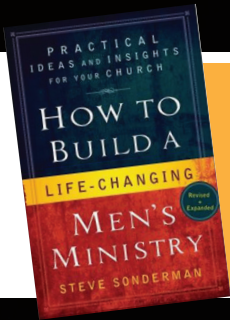
Prepare to understand God's plans to use you to expand and train His team.



## NEW TO NO REGRETS? START HERE:

### Beginning the Race

- Perfect for men who have never experienced a small group before.
- 6-week study training men how to live with conviction and purpose.
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**STEVE SONDERMAN'S**  
**HOW TO BUILD A LIFE-CHANGING MEN'S MINISTRY**



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SATURDAY APRIL 14, 2018

**SAVE THE DATE**

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**MAKE PLANS NOW TO HOST NEXT YEAR'S  
NO REGRETS MENS CONFERENCE**  
**SATURDAY, FEBRUARY 2, 2019**

**FEATURING: PETE BRISCOE AND BRIAN LORITTS**

**NO RESERVES. NO RETREATS. NO REGRETS.**  
Empowering men to become servant leaders at home, in church, on the job, and out in their communities.