

Eric Mason - How to Have a Strong Marriage

The theme of Eric's message is that for a strong marriage to exist, it starts with you. The text that he used was Ephesians 5:15-20 where Paul describes what it means to be wise in marriage relationships. The following questions are designed to help you to apply these principles to your marriage.

1. Eric indicated that a man must begin with a vision for the spiritual development of his wife and children. He refers to it as a "Trajectory Plan" that spells out what a husband and father will do to promote this development. Eric's personal experience and recommendation for us is to write out this plan to help remind us of our responsibilities. Now would be a great time to start writing out your personal "Trajectory Plan". In each session of this DVD Kit, you are encouraged to add to this plan.
2. Eric described the importance of being fully engaged in the home by leaving our work in the driveway. Is this currently a part of your "Trajectory Plan?" If not, could it be?
3. Eric described the importance of listening attentively to your wife's concerns and the importance of honesty in the relationship. This does mean a willingness on your part to participate in the discussion. Why should this be in your "Trajectory Plan?"
4. Eric told us that we must maximize the use of every season in our marriage. Even if you have not had very good seasons in your marriage, Eric's point is that this experience does not need to define any new season in the marriage because "God can re-stitch things together." As Paul indicated in Ephesians 5:16, we should "Make the most of every opportunity, because the days are evil". What do you need to do to begin the new season in your marriage? Is seeking forgiveness a possibility?