



No Regrets Men's Conference

February 6th, 2016

Discussion Questions

Rooted in God's Purpose

Mike Breaux

Mike reminded us of a scene in the movie, 'Forrest Gump', in which Forrest is at the grave of his wife and he asks this question of himself, 'Are we just an accident, floating around like a feather on a breeze or do we have a destiny'. So much of our culture does not recognize destiny as part of the human experience. Mike explained that if there is no destiny, then there is no plan and if there is no plan, then there is no purpose and if there is no purpose, then there is no such thing as truth, which means there is no right or wrong.

How often we hear the word 'whatever' to describe how we approach life. Mike shared with us his own experience living in the 'whatever' and how God provided purpose for his life. Mike also shared a number of stories in which other men also made this transition. The following questions are designed to help you make this transition.

1. Are you still living in the 'whatever' or have you found God's Purpose? Whichever way you answer that question, explain to others in your group why that is the case.
2. Mike spoke of 'freeze moments' in which a life experience will have a major impact in how you define your future life. Give some thought to what that was for you and share that experience with your group. Did that experience help you see that you have a destiny?
3. Mike told us of a number of Biblical verses which show that God has a purpose for each one of us. Look up these verses and place the pronouns 'I' or 'me' in the verse where appropriate as you read it.
- Jeremiah 29:11 - Ephesians 1:4-5 - Ephesians 2:10 - Philippians 1:6
Consider making flash cards with these pronouns included and tape them up in various places in your home.
4. Mike spoke of a survey that was done of 95 year old men in which they were asked what they would have changed if they were able to do life all over again. The three things they said were:
 - a. We would reflect more. Slow our pace down.
 - b. We would risk more. See life as a big adventure.
 - c. We would do something with our life that will live on.

If you were one of those 95 year old men, would you have picked these three things that you would have changed? If so, are you prepared to make the change now?

5. Mike spoke of what it means to take a risk. His example was taking a cannonball jump into the water and note the ripples that are formed from the splash. He points out that the ripples describe how one man can touch the life of another man who in turn touches the life of another man and on and on it goes. The ripples happened because that first man took the risk. Is there someone in your life that you need to talk to where the ripples can start to work?