



No Regrets Men's Conference

February 6th, 2016

Discussion Questions

Choose to Flourish Crawford Loritts

Crawford reminds us at the beginning of his message that "Every single thing in your life that will happen of significance will be the product of your choices and decisions." No amount of note-taking or book-reading will improve you unless you apply what you learn. It is too easy to be a passive Christian. Crawford asks us this question which is the theme of his message: "What are you willing to DO?" The Biblical text Crawford uses is Psalm 1. Read the Psalm and then be prepared to address the probing questions Crawford asked of us in his message.

1. As described in the Psalm, Crawford reminded us that much of our happiness is brought about when we refuse to do the things we know we should not do. Share with the men of your group a temptation that you face every day which demonstrates this observation.
2. Crawford reminded us that there is no such thing as a passive relationship. "We become who we hang with." Crawford told us we need to be prepared to cut loose relationships which influence us into unrighteousness. "If you lay down with dogs, don't be surprised if you wake up scratching." As Christians we are to influence the world in which we live by interaction with it. The question is, Who is influencing who? Share with the men of your group instances in which you were influenced into unrighteousness and when you were an influence into righteousness.
3. Crawford spoke of the extensive influence that we are exposed to through a variety of forms of media. This influence attempts to define our world view. Crawford told us, "Don't let educated fools define your values." Share with the men of your group a personal example in which you were exposed to this type of manipulation.
4. Crawford reminded us that the Psalm tells us to delight in God's word and meditate on it day and night. "Make up your mind that the voice of God is going to be your life." What is it about God's word that personally gives you joy?
5. Crawford told us that "Great marriages are not kept together by feelings of love, but are kept together by a commitment to love." For many of us, we tend to look for new experiences and not reveling in the choices we made in the past, i.e. our past commitments. Why do we do that?
6. Crawford reminded us that Psalm 1 promises that a man who delights in God's word will be fruitful and prosper. In what ways will he be fruitful and prosper?
7. Crawford told us 'First comes the decision then comes the direction. You won't get the direction unless you make the decision. First comes the decision, then comes the joy. You won't get the joy until you make the decision.' I think most of us can remember a time when a decision was postponed in our lives and it resulted in an unhappy situation. Psalm 1 asks of us to make a decision. What is your decision?