

Physical

1 2 3 4 6 7 8 9 10

Mental

1 2 3 4 6 7 8 9 10

Emotional

1 2 3 4 6 7 8 9 10

Social

1 2 3 4 6 7 8 9 10

Spiritual

1 2 3 4 6 7 8 9 10

Physical

Mental

Emotional

Social

Spiritual
