



Discussion Questions

Share a time FOMO got to you and what was the result?

Who do you know that faithfully enjoys life the most and describe how they engage life?

Read Psalm 37:4 and Psalm 42:1-6

What's an area of your life you've experienced or are experiencing the chasing feeling? How has that affected your well being?

Read Luke 5:15-16 John 8:28

Are you trying to be great at everything you do? Where are you failing? Are you intentionally failing or is life choosing it for you?

What would my schedule look like if I decided not to fail with my Heavenly Father?