



ENCOUNTER CHURCH SERMON NOTES

August 2, 2026
Pastor John Vernon

Your Body, an Instrument to do What is Right!

Romans 6:11-14

Romans 6:6-7

6 We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. 7 For when we died with Christ we were set free from the power of sin.

"Do not go on living as if you were still that old man, because that old man has died. Do not go on living as if he was still there." — Martyn Lloyd-Jones

Romans 6:11-14

11 So you also should consider yourselves to be dead to the power of sin and alive to God through Christ Jesus. 12 Do not let sin control the way you live; do not give in to sinful desires. 13 Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. 14 Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace.

Logizomai — unreserved inner confidence in the reality of what the mind acknowledges.

Romans 6:11

11 So you also should consider yourselves to be dead to the power of sin and alive to God through Christ Jesus.

“What could be more frustrating than being a Christian who thinks himself primarily a self-centered sinner, yet whose purpose in life is to produce God-centered holiness?”
— David C. Needham, *Birthright: Christian, Do You Know Who You Are?*

Romans 6:12

12 Do not let sin control the way you live; do not give in to sinful desires.

Romans 6:12 (ESV)

12 Let not sin therefore reign in your mortal body, to make you obey its passions.

Romans 6:12

12 ...give in to sinful desires.

1 Peter 2:9, 11

9 ...you are a chosen people. You are royal priests, a holy nation, God’s very own possession... 11 ...I warn you as “temporary residents and foreigners” to keep away from worldly desires that wage war against your very souls.

Romans 6:13

13 Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God.

Romans 8:22-24

22 For we know that all creation has been groaning as in the pains of childbirth right up to the present time. 23 And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us. 24 We were given this hope when we were saved.

Philippians 3:20-21

20 But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior. 21 He will take our weak mortal bodies and change them into glorious bodies like his own, using the same power with which he will bring everything under his control.

1 Corinthians 15:53

53 For our dying bodies must be transformed into bodies that will never die; our mortal bodies must be transformed into immortal bodies.

Romans 6:13

13 Do not let any part of your body become an instrument of evil to serve sin.

Romans 7:18, 22-23

18 For I know that nothing good dwells in me, that is, in my flesh... 22 For I delight in the law of God, in my inner being, 23 but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members.

Romans 12:1

1 And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.

Romans 12:1 (ESV)

1 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

1 Corinthians 9:25, 27 (ESV)

25 Every athlete exercises self-control in all things... 27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

Romans 6:13

13 Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God.

Philippians 2:12-13

12 Dear friends...Work hard to show the results of your salvation, obeying God with deep reverence and fear. 13 For God is working in you, giving you the desire and the power to do what pleases him.

God desires for us to live in His will, but His will can be active in our lives only as our wills are submissive to His.

Romans 6:13

13 ...part of your body become an instrument of evil to serve sin

Romans 6:13

13 ...for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God.

Romans 6:14

14 Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace.

Romans 6:14

14 ...for you no longer live under the requirements of the law

Romans 7:12

12 ...the law itself is holy, and its commands are holy and right and good.

Romans 6:14

14 ...Instead, you live under the freedom of God's grace.

God's grace challenges us to exploit all the spiritual privileges that are ours, not to live in self-indulgence.

God did not set us free for no reason, or for us to go on living as we were when we were in bondage to sin.

PERSONAL NOTES
