

# Living the Christian Life

Sundays@9 – September 25, 2022

## Week 2 – The School of Prayer

### Augustine's letter to Anicia Faltonia Proba

- Our hearts are \_\_\_\_\_. Therefore, before one can know how to pray or what to pray for, one must \_\_\_\_\_.
  
- Pray for \_\_\_\_\_.
  - Psalm 27:4
  - Prov 30:7-9
  
  -
  
- Look to \_\_\_\_\_ as our model for prayer.
  
  
- Praying in dark times
  - Matt 26:39
  
  - Rom 8:26-28
  
  - Pour out your \_\_\_\_\_, but remember \_\_\_\_\_  
\_\_\_\_\_ as you do so.



## Luther's letter to Peter the Barber, *A Simple Way to Pray*

- Cultivate prayer as \_\_\_\_\_.
- Prayer is more than duty. We must engage our \_\_\_\_\_ and focus our \_\_\_\_\_ when praying.
- Step #1 – Contemplate a portion of Scripture
  - Luther suggests the Ten Commandments or any of Christ's words as a starting place, but any text is profitable because all Scripture is breathed out by God.
  - Contemplate the text as if it were "a garland of four strands"
  - I: \_\_\_\_\_
  - T: \_\_\_\_\_
  - C: \_\_\_\_\_
  - P: \_\_\_\_\_
- Step #2 – Pray the Lord's Prayer. Paraphrase and personalize it with your needs and concerns.
- Step #3 – Informed by the Scripture you've meditated upon, and by your own prayer based on the Lord's prayer, \_\_\_\_\_.
- Note: be aware of "the preaching \_\_\_\_\_."
- Psalm 119:18
- Eph 1:16-19
- Rom 5:5
- Rom 8:15-16

### Resources:

- *Prayer: Experiencing Awe and Intimacy with God*, Timothy Keller
- *Praying the Bible*, Donald S. Whitney
- "Letter 130" from Augustine to Faltonia Proba.  
<https://www.newadvent.org/fathers/1102130.htm>
- Full text of Luther praying the Lord's Prayer, from his letter to Peter  
<https://modernreformation.org/resource-library/articles/a-simple-way-to-pray/>
- *A Simple Way to Pray*, Martin Luther. Concordia Publishing. ISBN: 978-0758640338