



**Date:** 5-10-2026

**Sermon:** Seen in the Struggle

**Text:** Genesis 29: 16-17, 31-35 NLT

**What do we do when the people we want love from the most do not give it to us?**

**Leah was \_\_\_\_\_ by people.**

### **Genesis 29:16-17 NLT**

16 Now Laban had two daughters. The older daughter was named Leah, and the younger one was Rachel. 17 There was no sparkle in Leah's eyes, but Rachel had a beautiful figure and a lovely face.

Notes:

**God \_\_\_\_\_ what Jacob ignored**

### **Genesis 29:31 NLT**

31 When the LORD saw that Leah was unloved, he enabled her to have children, but Rachel could not conceive.

Notes:

**People may overlook your pain, but God never does.**

**Leah tried to use blessings to \_\_\_\_\_ love.**

**Reuben: “The Lord has seen my affliction”**

**Genesis 29:32 NLT**

32 So Leah became pregnant and gave birth to a son. She named him Reuben, for she said, "The LORD has noticed my misery, and now my husband will love me."

Notes:

**Simeon: “The Lord heard that I was unloved”**

**Genesis 29:33 NLT**

33 She soon became pregnant again and gave birth to another son. She named him Simeon, for she said, "The LORD heard that I was unloved and has given me another son."

Notes:

**Levi: “Now my husband will be attached to me”**

**Genesis 29:34 NLT**

34 Then she became pregnant a third time and gave birth to another son. He was named Levi, for she said, "Surely this time my husband will feel affection for me, since I have given him three sons!"

Notes:

**Leah's \_\_\_\_\_ began to replace her striving**

**Genesis 29:35 NLT**

35 Once again Leah became pregnant and gave birth to another son. She named him Judah, for she said, "Now I will praise the LORD!" And then she stopped having children.

Notes:

**The turning point in Leah's story was not when Jacob finally loved her. The turning point was when Leah finally praised the Lord.**

**You may feel unseen in your struggle, but God sees you, hears you, and invites you to find your worth in Him.**

## **Application:**

1. Be honest about where you are seeking your worth
2. Recognize that God sees what others miss
3. Stop using God's blessings to earn human approval
4. Let praise become your turning point

**When the love you long for does not come from the people you hoped, remember: God sees you, hears you, and is worthy of your praise in the struggle.**

## **1. Get to Know You**

When is a time you felt especially seen, noticed, or appreciated by someone?

## **2. Dig Deeper**

In Genesis 29:31–35, Leah moves from wanting Jacob’s love to saying, “Now I will praise the Lord.” What does this shift reveal about her heart, and what does it teach us about finding our worth in God?

## **3. Application**

Where are you most tempted to seek approval, affection, or validation from people instead of resting in the truth that God sees and loves you?

## **Digging Deeper: Suggested Additional Reading**

### **Primary Passage:**

Genesis 29:16-17, 31–35

### **Additional Passages:**

Psalms 139:1–18 — God knows us completely

Isaiah 43:1–4 — God's people are precious in His sight

Luke 12:6–7 — God sees and values even the smallest details

John 4:1–26 — Jesus sees and restores the Samaritan woman

Ephesians 1:3–10 — Our identity and acceptance in Christ