

Breathe!
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Jesus took approximately 280 million breaths. In a full lifespan we will take about 800-900 million breaths, or about 300 tons of oxygen. Breath is crucial to our existence. When it is present, it comes with hope, opportunity, and potential. When that breath is the very breath of God, something even greater happens. Jesus didn't live long but He lived full. He completed His mission. Today we will study the miracle in the very breath of God.

Gen. 2:7

And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.

Ecclesiastes 12:7 The Message

The body is put back in the same ground it came from. The spirit returns to God, who first breathed it.

Job 33:4 NKJV

The Spirit of God has made me, and the breath of the Almighty gives me life.

Job 32:8,9 The Message

—it's God's Spirit in a person, the breath of the Almighty One, that makes wise human insight possible. ⁹ The experts have no corner on wisdom; getting old doesn't guarantee good sense.

Bad Breath!

Job 19:17

My breath is offensive to my wife, and I am repulsive to the children of my own body.

Deut. 22:10

“You shall not plow with an ox and a donkey together.”

Acts 9:1

Then Saul, still breathing threats and murder against the disciples of the Lord

Out of Breath!

1. **Fruitless Activity** -
2. **Drifting** - more feared than the Bermuda Triangle.
3. **Winded** - A **punch** to the gut.

Jesus' Last Breath

Luke 23:46

And when Jesus had cried out with a loud voice, He said, "Father, *'into Your hands I commit My spirit.'* " Having said this, He breathed His last.

Col. 2:14,15 NIV

having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. ¹⁵ And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.

The Miracle of the New Breath

John 20:22

And when He had said this, He breathed on *them*, and said to them, "Receive the Holy Spirit."

1Cor. 15:45

The Scriptures tell us, "The first man, Adam, became a living person." But the last Adam—that is, Christ—is a life-giving Spirit.

Ezek. 37:5

Thus says the Lord GOD to these bones: "Surely I will cause breath to enter into you, and you shall live.

John 3:6,7,8 NLT

⁶ Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life. ⁷ So don't be surprised when I say, 'You must be born again.'

⁸ The wind blows wherever it wants. Just as you can hear the wind but can't tell where it comes from or where it is going, so you can't explain how people are born of the Spirit."

The Spirit **Draws Our Hearts to Jesus**

John 6:44 AMP

⁴⁴ No one is able to come to Me unless the Father Who sent Me attracts *and* draws him *and* gives him the desire to come to Me,

The Spirit **Regenerates Us**

Titus 3:5 NKJV

not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit,

The Spirit Fills You With **Hope**

Romans 15:13 NKJV

Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

The Spirit Gives You **Assurance**

Romans 8:15,16 NKJV

For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

¹⁶ The Spirit Himself bears witness with our spirit that we are children of God,

The Spirit Reveals **Jesus**

John 16:13,14 NKJV

However, when He, the Spirit of truth, has come, He will guide you into all truth; for He will not speak on His own *authority*, but whatever He hears He will speak; and He will tell you things to come. ¹⁴ He will glorify Me, for He will take of what is Mine and declare *it* to you.