

ALL IN #29: Why are you Angry?

A Study in the book of Ephesians. By Pastor Jason on 10-25-20

Text: Eph. 4:26-27

Definitions of Anger:

1. A strong _____ of annoyance, displeasure, or hostility
2. Anger is a _____ to something else
3. Anger is either _____, _____, or _____

How to Defeat Anger:

1. Ask: _____ am I angry? (Prov. 15:18)
2. _____ of loving these things above God (Ps. 139:23-24)
3. Choose to _____ the justice of God (Rom. 12:19)
4. Get _____ of anger quickly (Eph. 4:26)
5. _____ in the grace of God (Ps. 103:8-12, Prov. 14:29)

In Conclusion, Do THIS with your Anger:

- _____ it
- _____ it
- _____ it
- _____ it
- _____ to, and _____ in the Spirit

TOGETHER GROUP QUESTIONS

Read Ephesians 4:26-27. What is God's Word saying to you in this verse? What is God's heart for His people? Try to pick apart each phrase.