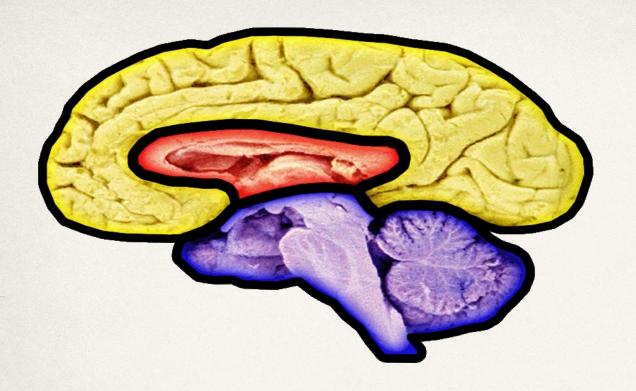


3 Parts of the brain can be distinguished 9 days after conception

4 Months before birth all brain cell development stops

 3 Months before birth the baby can hear

- Learn sounds
- Experience emotions
- Start establishing vocabulary
- Emotional intelligence starts to develop



Cortex

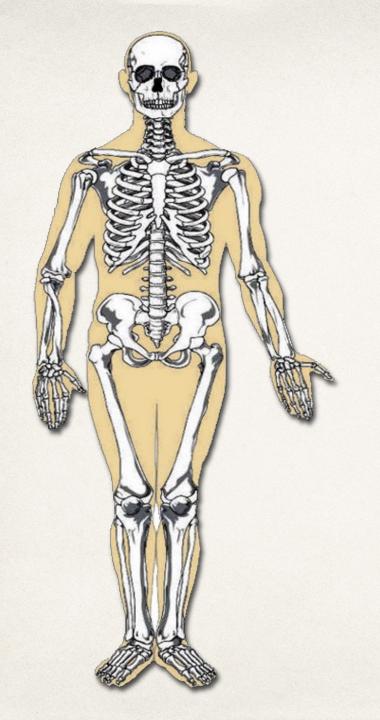
- Factual knowledge
- Left- and right hemispheres

Brain Stem

- Control organs
- Control movement
 - Instinct
 - Never sleeps

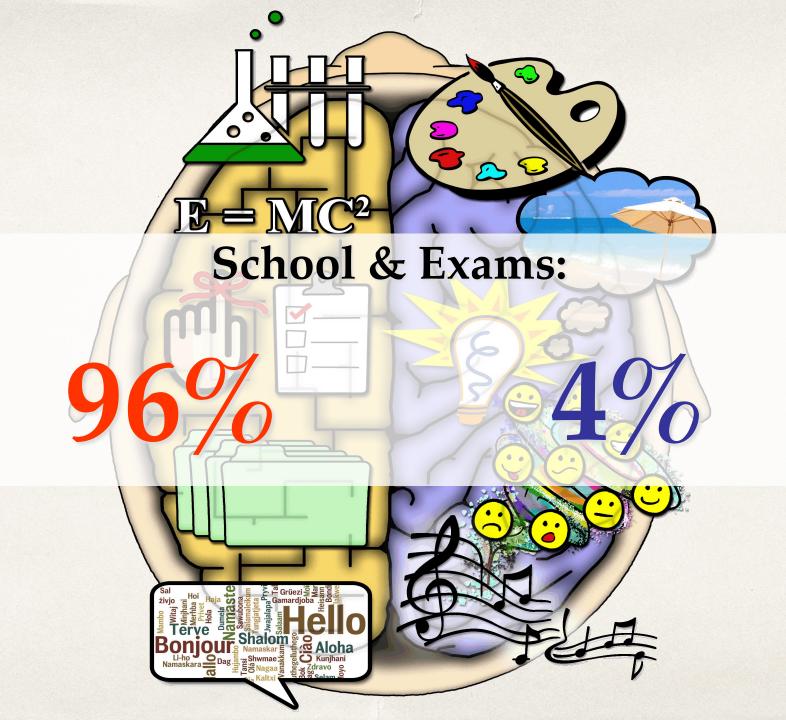
Emotional Brain

- Values
- Religion
- Culture
- Short term memory



25 Years of Age

- Skeleton and skull stops growing
- Brain never stops growing
 - New knowledge creates new or deeper grooves in the brain
- Little or shallow grooves on an adult brain suggests little knowledge and/or illiteracy



Emotions

Positive	Negative		
		_	_

2 mV = Light sleep & dreaming

- *Non-dominant brain shuts down first
- Stimulation: left vs. right brain
- ♣5 20 min later the whole cortex shuts down

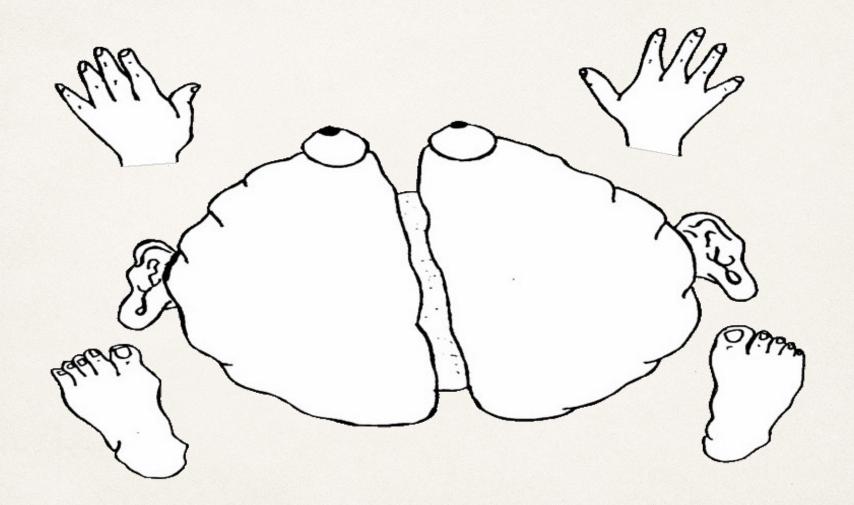
Emotional brain still awake





Bedroom must be dark enough so that brain can sleep optimally

weather / dark



Very structured

Like routine

Plans ahead

Feels insecure with unpredictability

Need to know who, what, when, where, how

Don't like **change** - always prepare for change or give adequate warning

Natural talents: administration & organising

Very creative

Thinks outside of the box

Like challenges

Loses interest as soon as something becomes predictable / boring

Good brainstormers

Struggles to finish tasks / projects

"Gypsies"

Need strict guidelines to finish from an early age

Adaptable Hand

- Performs tasks in an unpredictable way whatever feels right at the moment
- Natural communicator: sometimes talks without thinking
- Need to work hard at hand techniques (sport, crafts, etc.)

Routine Hand

- Performs tasks the same way every time
- Task routine will change only when it doesn't work or a better way is found
- Generally have good hand technique (sport, crafts, etc.)
- Inclined to have habits

Rhythmic Foot

- Prefers freedom in movement
- Dislikes movement restrictions in sport
- Changes direction swiftly and easily
- Typically good dancers



- Prefers to run in a straight line
- Might have trouble changing direction quickly
- Typically has good traction for launching (as in long jump or the vault) or stopping (to hit or throw a ball as in tennis or netball)

Sensitive Ear

Musical

Good sense of humour

Patient listener

Sensitive to tone of voice:

- Angry / loud voices
- High pitched / shrill voices
- ❖Sad = will have trouble saying no
- Noise distracts attention / causes irritation or stress

Need VERBAL recognition (relationships, school, work)

Detail Ear

Hears detail quickly

Prefers to get the facts fast Impatient listener:

- Interrupt
- **≯**Zone out

Get to the point

Understands well when something is explained adequately

Always attend class and pay attention; take notes

Sensitive Eye

See the big picture

Creative / Design / Artistic

Daydream

Eye tracks from right to left

♣Possible problems: spelling, maths, misses detail, misreads

Sensitive to body language:

- Angry face / broad posture
- ♣Pain / Violence
- ◆Sad = will have trouble saying no
- Movement distracts attention / causes irritation or stress

Need VISUAL recognition (relationships, school, work)

Detail Eye

See detail quickly

Natural talent for detail subjects: Maths / Science

Eye tracks from left to right

*Should have no problem seeing details such as spelling mistakes and mathematical errors

Diagnostic / problem solving

Irritated by overly emotional displays

Understands well when something is **shown** properly

