



Part 4: Barak

August 24 & 25, 2019

Grant Fishbook,

Lead Teaching Pastor

A Call to Worship • Psalm 95:1-7

¹Come, let us sing for joy to the Lord;

let us shout aloud to the

Rock of our salvation.

²Let us come before him with thanksgiving

and extol him with music and song.

³For the Lord is the great God,

the great King above all gods.

⁴In his hand are the depths of the earth,

and the mountain peaks belong to him.

⁵The sea is his, for he made it,

and his hands formed the dry land.

⁶Come, let us bow down in worship,

let us kneel before the Lord our Maker;

⁷for he is our God

and we are the people of his pasture,

the flock under his care.

barak (baw-*rahk*)

to kneel; to bless God (as an act of

adoration); to praise; to salute; to thank

Barak embodies the notion of kneeling

before God, of blessing and adoring him,

of recognizing one's position before him.

- Darren Whitehead, *Holy Roar*

Barak is...

A posture of adoration and honor — our

worship can bless God!

¹¹May all kings bow down to him

and all nations serve him.

¹⁵Long may he live!

May gold from Sheba be given him.

May people ever pray for him

and bless him (*barak*) all day long.

- Psalm 72:11,15

A posture of humility and vulnerability

⁶Come, let us bow down in worship,

let us kneel (*barak*) before the Lord

our Maker;

⁷for he is our God

and we are the people of his pasture,

the flock under his care.

- Psalm 95:6-7

Therefore, I will boast all the more

gladly about my weaknesses, so that

Christ's power may rest on me. That

is why, for Christ's sake, I delight in

weaknesses, in insults, in hardships, in

persecutions, in difficulties. For when I

am weak, then I am strong.

- 2 Corinthians 12:9b-10

A posture of gratitude

Enter his gates with thanksgiving

and his courts with praise;

give thanks to him and praise (*barak*)

his name. - Psalm 100:4

A posture of eternal preparation

Revelation 7

The Wrong Question

How was worship today?

The Right Question

How was my worship today?

Small Group Questions

- 1) Did you go to the fair this year?
Why or why not?
- 2) What's your favorite personal way to
worship? Music? Art? Prayer? Nature?
- 3) What does the posture of kneeling do
to your heart? Why do you believe God
would ask us to kneel in his presence?
- 4) What can you express gratitude to
God for today? In what way does your
gratitude bless God?
- 5) What would keep you from kneeling
and "lifting your eyes" to Jesus today?
Can you confess and repent from
whatever it is that would keep your
eyes down? Do that now!
- 6) How can we pray for you right now
and throughout the week?