Part 5: Towdah

August 31 & Sept. 1, 2019
Brian Behrends,
Creative Pastor

Psalm 145:13b-21
NEW LIVING TRANSLATION (NLT)

The Lord always keeps his promises;
  he is gracious in all he does.
¹⁴ The Lord helps the fallen
  and lifts those bent beneath
  their loads.
¹⁵ The eyes of all look to you in hope;
  you give them their food as they
  need it.
¹⁶ When you open your hand,
  you satisfy the hunger and thirst
  of every living thing.
¹⁷ The Lord is righteous in everything
  he does;
  he is filled with kindness.
¹⁸ The Lord is close to all who call
  on him,
  yes, to all who call on him in truth.
¹⁹ He grants the desires of those who
  fear him;
  he hears their cries for help and
  rescues them.
²⁰ The Lord protects all those who
  love him,
  but he destroys the wicked.
²¹ I will praise the Lord,
  and may everyone on earth bless
  his holy name
  forever and ever.

towdah (toe-*dah*)

An extension of the hand. Thanksgiving.
A confession. A sacrifice of praise.
Thanksgiving for things not yet received.
A choir of worshipers.

**Towdah is not a denial of
the situation you're in.**

**It's the acknowledgment that
God is bigger than your situation.**

Jonah 2:9–10
But I, with shouts of grateful praise
(towdah) will sacrifice to you. What I
have vowed I will make good. I will say,
'Salvation comes from the Lord.'"
And the Lord commanded the fish, and it
vomited Jonah onto dry land.

Psalm 9:10
Those who know your name trust in you,
  for you, Lord, have never forsaken those
  who seek you.

Philippians 1:6
He who began a good work in you will
carry it on to completion until the day of
Christ Jesus.

Small Group Questions

1) What's a promise God has made that
   gives you hope?

2) Is there anything that has kept you from
   praising God in the past? What was it?

3) What's one thing you could *towdah*
   God for this week—thanking him
   in advance for something not yet
   received?

4) Which of the Hebrew praise words in
   this series has been most helpful or
   interesting for you? Why? Which one
   has been most challenging?

5) How can we pray for you right now and
   throughout the week?