

Part 3: How To Break the Spirit of Discouragement
1 Kings 19:1-18

1) Stop believing your circumstances are _____. (v. 3)

When you're thinking your problems are too big, you're thinking _____.

2) Stop comparing yourself _____. (v. 4)

3) Take proper care of your _____. (v. 5-8)

When you fail to take care of your body, you're basically saying that you know, _____, what is good for you.

4) Avoid the _____. (v. 9-10)

5) Pay attention to the _____. (v. 11-14)

6) Get back to _____. (v. 15-18)

The road to recovery is the _____.