

About This Resource

Who is Jesus?

What can we learn from what Jesus did?

What can we learn from what Jesus taught?

How can we help others to follow Jesus?

This month in the gospel of Mark we are going to take a look at what discipleship is and how being a disciple impacts our lives. First, we will look at who we are called to follow and then we are going to learn through watching and listening what we are supposed to follow. Finally, we will put it into practice by learning how to go out and help others become disciples of Jesus too.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #4: Go and Do What You Learned

What you will need for this lesson:

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool, have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

Spend the opening of your time together praying for one another and sharing the gospel. Break up into pairs and have each person start a gospel conversation and share the gospel. Switch after 3-4 minutes.

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every session. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the book of Mark let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

Send Me Out by Fee -

https://www.youtube.com/watch?v=L8ZGQPW7OXg&list=RDL8ZGQPW7OXg&start_radio=1

Send Me by Church of the City -

https://www.youtube.com/watch?v=a2Pg7TnK_0w&list=RDa2Pg7TnK_0w&start_radio=1

- After each song ask what we are being sent to do.

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Karen let's read Mark 4.

Today we are going to hear from Karen Schumacher about going and doing what we have seen and heard from Jesus. https://youtu.be/4_Os4EiMbZg

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. **Ask them what stood out to them from the teaching or the scripture.**

Let's memorize Mark 6:7 And he called the twelve and began to send them out two by two, and gave them authority over the unclean spirits.

<https://www.youtube.com/watch?v=XhIRLgnejls>

(Memory Verse put to song) – Listen to this first

Today we are going to memorize this verse by breaking into pairs and alternate saying the next word. For example person #1 will say And, Person #2 HE, Person #1 CALLED, Person #2 THE.

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about going and doing what we saw Jesus do ask the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: Do you act or speak like anyone? Why do you do the things that they do? How do you reflect Jesus? Why would it be important to reflect Jesus in our lives? Can I share with you the good news that Jesus told me to share?

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read Mark 16:15

Truth: Jesus wants us to live and speak like Him.

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by praying Mark 4:1-9 and pray for the courage to speak the word of God and pray for the hearts that will be hearing the word of God this week to receive it.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: Mark 4, 6, and 16

Topic: Go and Do What You Learned

Scripture Sunday:

As we read Mark 4, 6 and 16 today I invite you to write down what Jesus asked the disciples to go and do.

Memorize Monday:

And he called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. Mark 6:7 <https://www.youtube.com/watch?v=XhIRLgnejls>

Table Talk Tuesday:

Talk: Do you act or speak like anyone? Why do you do the things that they do? How do you reflect Jesus? Why would it be important to reflect Jesus in our lives? Can I share with you the good news that Jesus told me to share?

Text: And he said to them, "Go into all the world and proclaim the gospel to the whole creation. Mark 16:15

Truth: Jesus wants us to live and speak like Him.

Watch it Wednesday:

Full Send Mark – Come Follow Me – Go and Do – Karen Schumacher - https://youtu.be/4_Os4EiMbZg

Tune In Thursday:

Send Me Out by Fee - https://www.youtube.com/watch?v=L8ZGQPW7OXg&list=RDL8ZGQPW7OXg&start_radio=1

Send Me by Church of the City - https://www.youtube.com/watch?v=a2Pg7TnK_0w&list=RDa2Pg7TnK_0w&start_radio=1

Fun Friday:

Get together with some friends and go for a walk. During this walk I want you to intentionally stop and ask the people you see how you can pray for them and then ask them if they know where they are going when they die. Use this as an opening to a gospel conversation.

Seek Him Saturday:

Pray Mark 4:1-9 and pray for the courage to speak the word of God and pray for the hearts that will be hearing the word of God this week to receive it.