

Scripture: Luke 6:5, Hebrews 10:24-25 and Isaiah 58:13-14

Topic: Sabbath

Memorize Monday:

And he said to them, "The Son of Man is the lord of the Sabbath." Luke 6:5

Table Talk Tuesday:

Talk: What did you do this last Sunday? Why did you choose to do those things?

Text: And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the day drawing near. Hebrews 10:24-25

Truth: What we do on Sunday matters! How can we better honor God with our choices each and everyday?

Watch It Wednesday:

How do you keep the Sabbath?

<https://www.youtube.com/watch?v=l67fnc6sBmM>

Tune in Thursday:

<https://www.youtube.com/watch?v=3lDvD-O9xhg> – Evidence by Josh Baldwin

https://www.youtube.com/watch?v=a_gcNGCmU48 – Jesus I Come – Metropolitan Tabernacle

Fun Friday:

Set aside some time this weekend without a plan and invite someone along with you. Once you are together ask God what He wants you to do with that time. Have fun with friends by following the leading of God and not your own desires.

Seek Him Saturday:

Today please pray through Isaiah 58:13-14.

Lord help me to turn away from my desires on the Sabbath and turn to delighting in You! Teach me to honor the Sabbath by seeking you and following your desires.

Send It Sunday:

This has been another eye opening week! Share with someone else what you learned about honoring God and the Sabbath and how you have put that into practice.