

About This Resource

What does it mean that God is light?

How can I walk like Jesus?

What does it mean to live differently?

What is love?

Where does salvation come from?

Over the next five weeks we are going to study through the book of 1 John. Throughout this book there are so many verses that hold simple, yet hard truths for us to live by. The goal of this curriculum is to answer the five questions above and dive into other verses that are key to living the lives God desires of us in this life. It is our hope that by the end of this five week series that your house, workplace and school would be covered with sticky notes that you will use as reminders of how to live in this world.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #1: God is Light

What you will need for this lesson:

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

Kick off your time together by asking everyone their most epic hiding spot in hide n seek. Once they share explain the fun Friday this week and prepare them to be able to explain how the light of God comes into our darkness and saves us.

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every session. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the book of 1 John let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

Let There be Light by Third Day -

https://www.youtube.com/watch?v=u9Rp7b8HGF4&list=RDu9Rp7b8HGF4&start_radio=1

- **Make a list of words that this song desires for there to be evident in our lives.**

My Lighthouse – Rend Collective -

https://www.youtube.com/watch?v=HA8VtUPgqTc&list=RDHA8VtUPgqTc&start_radio=1

- **What does the lighthouse represent in this song?**

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Jeremy let's read 1 John 1.

Today we are going to hear from Jeremy Van Genderen as he talks about God being the light <https://youtu.be/LAGksfHiBwU>

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. Ask them what stood out to them from the teaching.

Let's memorize 1 John 1:5 This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. 1 John 1:5

https://www.youtube.com/watch?v=Sgr_lUqKrfE

Write all the first letters of the verse on the whiteboard.

TITMWHHFHAPTY, TGIL, AIHINDAA 1 John 1:5

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about God being light, challenge the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: Where's the darkest place you have ever been? How did you feel in that dark place? How much would a light have helped you in that dark place? Could I tell you about an eternal light that can be used in any darkness?

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read 1 John 1:9

God is light and when we confess our sins He brings us out of darkness forever.

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by praying through 1 John 8-10 and confess your sins to God today.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: 1 John 1

Topic: God is Light

Scripture Sunday:

As you read 1 John 1 today I encourage you to write down the words to live by that you read in this passage!

Memorize Monday:

This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. 1 John 1:5

https://www.youtube.com/watch?v=Sgr_IUqKrfE

Table Talk Tuesday:

Talk: Where's the darkest place you have ever been? How did you feel in that dark place? How much would a light have helped you in that dark place? Could I tell you about an eternal light that can be used in any darkness?

Text: If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

Truth: God is Light and when we confess our sins He brings us out of darkness

Watch it Wednesday:

Full Send – 1 John 1 – Words to Live By – God is Light – Jeremy Van Genderen -

<https://youtu.be/LAGksfHiBwU>

Tune In Thursday:

Let There be Light by Third Day -

https://www.youtube.com/watch?v=u9Rp7b8HGF4&list=RDu9Rp7b8HGF4&start_radio=1

My Lighthouse – Rend Collective -

https://www.youtube.com/watch?v=HA8VtUPgqTc&list=RDHA8VtUPgqTc&start_radio=1

Fun Friday:

Today I want you to play hide and seek in the dark. Turn off all the lights where you are at and have everyone hide. The one who seeks can have a flashlight and once they shine the flashlight on the person hiding they are found. Once you have been found join the seeker and go and find everyone else. At the end talk about how that is like God. He brings light into our darkness and invites us to join Him in shining light into the darkness others are living in.

Seek Him Saturday:

Pray through 1 John 8-10 and confess your sins to God today.