
About This Resource

Does the law of God still impact us today?

Why and how should we pray?

What are the leadership qualities we should be looking for in a church?

What does God desire in our relationships?

How do I find contentment?

This month as we look at the book of 1 Timothy we are going to be looking at the scriptural truth about the law, mercy, prayer, leadership, relationships and hope. We believe that truth is found in the word of God and so in this curriculum we want to point only to what God says about these topics rather than what other may think. Join us on this journey of standing on truth.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #5 Hope

What you will need for this lesson:

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool, have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

As we begin today, I encourage you to talk about what brings stress or anxiety in your life. These are key factors that help us feel discontent and lose hope. As people share their struggles take time to encourage each other with the love of God and His truth.

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every session. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the book of 1 Timothy let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

Make It Well by Mercy Me - <https://www.youtube.com/watch?v=xLrF-ml7uks&t=197s>

- **In trouble who can we run to and what will we find there?**

All My Hope by Crowder -

https://www.youtube.com/watch?v=94KblGWdKa4&list=RD94KblGWdKa4&start_radio=1

- **What are some places that feel hopeless? How can we experience hope in the midst of those situations?**

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Karen let's read 1 Timothy 6

Today we are going to hear from Karen Schumacher about Hope

<https://youtu.be/JzoZVn1kMPI>

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. **Ask them what stood out to them from the teaching or the scripture.**

Let's memorize 1 Timothy 6:12 Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses.

<https://www.youtube.com/watch?v=oaLz2faUB50>

After listening to the song we are going to learn this verse by the first letter of each word. Write the first letter on the white board and point to it as your group says the word.

FTGFOTF. THOTELTWYWCAAWYMTGCITPOMW

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about Hope, invite the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: How content do you feel? What helps you feel content or what makes you feel discontent? How hopefully are you that things will get better? What or who do you place your hope in? Can I share with you where I get my hope and contentment?

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read 1 Timothy 6:13-14

Truth: All hope is found in God alone

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by praying 1 Timothy 6:11-16 and ask God for the ability to focus on being content.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: 1 Timothy 6

Topic: Hope

Scripture Sunday:

Read 1 Timothy 6 with me today and write down what true contentment and hope look like.

Memorize Monday:

Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses. 1 Timothy 6:12

<https://www.youtube.com/watch?v=oaLz2faUB50>

Table Talk Tuesday:

Talk: How content do you feel? What helps you feel content or what makes you feel discontent? How hopefully are you that things will get better? What or who do you place your hope in? Can I share with you where I get my hope and contentment?

Text: I charge you in the presence of God, who gives life to all things, and of Christ Jesus, who in his testimony before Pontius Pilate made the good confession, to keep the commandment unstained and free from reproach until the appearing of our Lord Jesus Christ 1 Timothy 6:13-14

Truth: All hope is found in God alone

Watch it Wednesday:

Full Send 1 Timothy - The Whole Truth and Nothing But the Truth - Hope and Contentment - Karen Schumacher <https://youtu.be/JzoZVn1kMPI>

Tune In Thursday:

Make It Well by Mercy Me - <https://www.youtube.com/watch?v=xLrF-ml7uks&t=197s>

All My Hope by Crowder -

https://www.youtube.com/watch?v=94KbIGWdKa4&list=RD94KbIGWdKa4&start_radio=1

Fun Friday:

Often the things of this world can cause stress and remove our eyes from the hope that we have in Christ. Tonight I want you to get together with some friends and disconnect from the things of this world. Take time in the beauty of God's creation and reconnect with Him and feel the peace that comes in His presence.

Seek Him Saturday:

Pray 1 Timothy 6:11-16 and ask God for the ability to focus on being content.