

About This Resource

Who is Jesus?

What can we learn from what Jesus did?

What can we learn from what Jesus taught?

How can we help others to follow Jesus?

This month in the gospel of Mark we are going to take a look at what discipleship is and how being a disciple impacts our lives. First, we will look at who we are called to follow and then we are going to learn through watching and listening what we are supposed to follow. Finally, we will put it into practice by learning how to go out and help others become disciples of Jesus too.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #2: Watch What Jesus is Doing

What you will need for this lesson:

Bottles of Water

Bible Verse Printed Out – 1 copy for every 2-3 people

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool, have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

Give everyone a bottle of water as they come to your group. As you open your night spend some time talking about how you can meet the physical and spiritual needs of those you meet this week.

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every session. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the book of Mark let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

Great Things by Phil Wickham -

https://www.youtube.com/watch?v=y4CY3nf1Mvw&list=RDy4CY3nf1Mvw&start_radio=1

- **What are some great things Jesus has done?**

Jesus Does by We The Kingdom -

https://www.youtube.com/watch?v=qiT8vUM1dpl&list=RDqiT8vUM1dpl&start_radio=1

- **What does Jesus do?**

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Jeremy let's read Mark 5

Today we are going to hear from Jeremy Van Genderen about watching what Jesus did in His ministry. <https://youtu.be/aglSO7EvrDU>

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. **Ask them what stood out to them from the teaching or the scripture.**

Let's memorize Mark 2:9 Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your bed and walk'?

<https://www.youtube.com/watch?v=W3r2eVgnWiQ>

(Memory Verse put to song) – Listen to this first

Today we are going to memorize this verse by putting it in order. You will be handed papers with the words of this verse on them and you need to put them in the correct order. Let's see who can do this the fastest.

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about what Jesus did in His ministry ask the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: Who do you know who is really good at what they do? What are they good at and why do you think they are good at it? What would it look like to be good at loving others? Jesus is really good at loving people, can I share a story of what He has done with you?

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read Mark 5:34

Truth: Jesus meets the physical and spiritual needs of people.

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by praying Mark 2:1-12 and as we do I want us to pray for those we know who need to be healed by Jesus physically and spiritually as well as give thanks to those who brought us to know Jesus.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: Mark 2:1-17, 5:1-43, 7:24-30, 8:1-10

Topic: Watch What Jesus is Doing

Scripture Sunday:

Join me in reading Mark 2:1-17, 5:1-43, 7:24-30 and 8:1-10. As you read these passages I want you to write down what Jesus was doing.

Memorize Monday:

Which is easier, to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Rise, take up your bed and walk’? Mark 2:9

<https://www.youtube.com/watch?v=W3r2eVgnWiQ>

Table Talk Tuesday:

Talk: Who do you know who is really good at what they do? What are they good at and why do you think they are good at it? What would it look like to be good at loving others? Jesus is really good at loving people, can I share a story of what He has done with you?

Text: And he said to her, “Daughter, your faith has made you well; go in peace, and be healed of your disease.” Mark 5:34

Truth: Jesus meets the physical and spiritual needs of people.

Watch it Wednesday:

Full Send Mark – Come Follow Me – Watch What Jesus is Doing – Jeremy Van Genderen -

<https://youtu.be/aglSO7Evrdu>

Tune In Thursday:

Great Things by Phil Wickham -

https://www.youtube.com/watch?v=y4CY3nf1Mvw&list=RDy4CY3nf1Mvw&start_radio=1

Jesus Does by We The Kingdom -

https://www.youtube.com/watch?v=qjT8vUM1dpl&list=RDqiT8vUM1dpl&start_radio=1

Fun Friday:

Let’s get to work. Today I encourage you to serve at a food pantry, soup kitchen, homeless shelter or to meet a need that you see around you. Don’t do this alone, invite someone along with you and talk about how Jesus met the physical and spiritual needs of those around Him.

Seek Him Saturday:

Pray Mark 2:1-12 and as you do, pray for those you know who need to be healed by Jesus physically and spiritually as well as give thanks to those who brought you to know Jesus.