

Scripture: Ephesians 4

Topic: New Life In Christ and Live worthy

Memorize Monday:

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, Ephesians 4:1

Table Talk Tuesday:

Talk: What is your favorite outfit? How long have you owned it? Do you have something that you have worn out and needed to get rid of because you wore it so many times?

Text: assuming that you have heard about him and were taught in him, as the truth is in Jesus, to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness. Ephesians 4:21-24

Truth: In Christ we can be made new and get rid of the worn out life of sin. It's an amazing trade!

Watch It Wednesday:

<https://www.youtube.com/watch?v=0BgQkoUd5i0> – Out with the Old

<https://www.youtube.com/watch?v=R4dW1SUME38> – The gift of hard truth

Tune In Thursday:

<https://www.youtube.com/watch?v=zundjUFazfg> – Yet Not I But Through Christ In Me

<https://www.youtube.com/watch?v=pKRmncbUMps> – The Church's One Foundation

Fun Friday:

Go to goodwill or any thrift store with a group of friends and buy a new to you outfit for each other and then go out to eat or join us at a Friday night Fire. Have a conversation about putting on the new life in Christ and what it looks like to live a life worthy of your calling as sons and daughters of God.

Seek Him Saturday:

Pray through Ephesians 4:17-19. Lord I pray that we will no longer live in the numbness of our sin and the deception of our desires. Lord through Christ we are no longer separated from you and help us to live daily in that truth without the desire to go back to our old worn out way of life.

Send It Sunday:

We live in a world that is filled with people who are numb to sin. May the witness of our life in Christ show them what it looks like to be set free from that numbness. Live a new life in Christ today and use your words to tell people why you live that way!