

About This Resource

Where is true peace found?

How can I be joyful in all situations?

What does it mean to love God and love others?

Where is the hope in this chaotic world?

This Christmas we are going to look at the book of Micah and see what life is like before Jesus. In our world the definition of love, joy, peace and hope are often twisted and tainted. This is all we know before Christ, but when Christ comes so does the real definition of love, joy, peace and hope. Join us this month as we look at what life is like before Jesus and after Jesus. The night before Jesus we can only imagine how things are going to be, but on Christmas morning we experience the reality.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #2 Joy

What you will need for this lesson:

Make sure to print 2-3 copies of the Bible verse on 10-12 pages each.

Game the brings you joy

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool, have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

Pick a short game that you brings you joy and laughter and share it with the group as you talk about the joy that comes from the Lord.

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every session. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the book of Micah let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

Joy Unto the World by The Afters -

https://www.youtube.com/watch?v=Nu018_9wF7k&list=RDNu018_9wF7k&start_radio=1

- **How can we express our joy?**

Sounding Joy by Ellie Holcomb

https://www.youtube.com/watch?v=jthLvNgmFjA&list=RDjthLvNgmFjA&start_radio=1

- **What does joy sound like? Why can we have joy?**

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Jeanette let's read Micah 4.

Today we are going to hear from Jeanette Van Genderen about the coming joy.

<https://youtu.be/Pv2ebNMXvLo>

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. **Ask them what stood out to them from the teaching or the scripture.**

Let's memorize Micah 4:2 and many nations shall come, and say: "Come, let us go up to the mountain of the Lord, to the house of the God of Jacob, that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth the law, and the word of the Lord from Jerusalem.

Listen to the song first.

<https://www.youtube.com/watch?v=yNa0sDZQCR4>

Now that we have heard the verse we are going to see if you can unscramble the verse on these papers. We are going to break you up into 3 groups and see who can put it together the fastest.

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about joy or lack thereof, challenge the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: What brings you joy? What is the difference between joy and happy? How do you think you can have joy even in hard times? Let me tell you about Jesus.

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read Micah 4:5

Truth: God alone can bring true joy. All other happiness is temporary.

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by Pray Micah 4:1-5 declaring the joy that comes in going to His house, being held accountable and living in peace with those around us.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: Micah 4**Topic: Joy****Scripture Sunday:**

Read Micah 4 today and write down some things that caused People to be filled with Joy.

Memorize Monday:

and many nations shall come, and say: "Come, let us go up to the mountain of the Lord, to the house of the God of Jacob, that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth the law, and the word of the Lord from Jerusalem.

Micah 4:2

<https://www.youtube.com/watch?v=yna0sDZQCR4>

Table Talk Tuesday:

Talk: What brings you joy? What is the difference between joy and happy? How do you think you can have joy even in hard times? Let me tell you about Jesus.

Text: For all the peoples walk each in the name of its god, but we will walk in the name of the Lord our God forever and ever. Micah 4:5

Truth: God alone can bring true joy. All other happiness is temporary.

Watch it Wednesday:

Full Send Micah Joy by Jeanette Van Genderen <https://youtu.be/Pv2ebNMXvLo>

Tune In Thursday:

Joy Unto the World by The Afters -

https://www.youtube.com/watch?v=Nu018_9wF7k&list=RDNu018_9wF7k&start_radio=1

Sounding Joy by Ellie Holcomb

https://www.youtube.com/watch?v=jthLvNgmFjA&list=RDjthLvNgmFjA&start_radio=1

Fun Friday:

The fun for today is simple. Make plans with a friend or family and do something that brings you joy. At the end of your time together share how this is temporary, but the joy of Jesus is eternal.

Seek Him Saturday:

Pray Micah 4:1-5 declaring the joy that comes in going to His house, being held accountable and living in peace with those around us.