

About This Resource

Did you know the desires of your heart can help you see what you value?

Have you ever found yourself completely focused on yourself and you missed what God had for you?

Are you ever tempted to want God AND the world?

Do you ever feel alone as a follower of Jesus?

This month we will be looking at 1 and 2 Kings and how we engage with this world. Will we live in this world following the kingdom of God or the kingdom of the flesh? Honestly, it is easy to be consumed with the things of this world for that is all we physically see, but God is inviting us to pray for His kingdom to come and to live in this world with that desire and focus.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #1: The Desires of My Heart

What you will need for this lesson:

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool, have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

Pick a game or activity you like or you know someone in your group likes. After doing this activity for 5 minutes then share about why you love that activity and then share a few reasons why you love God.

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every session. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the books of 1st and 2nd Kings let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

One Desire by Jeremy Camp -

https://www.youtube.com/watch?v=Hb8hzsgdnJQ&list=RDHb8hzsgdnJQ&start_radio=1

- What are some words that describe the effects of where our desire is focused?

King of My Heart by Kutless - https://www.youtube.com/watch?v=-jkMnq2Hfzo&list=RD-jkMnq2Hfzo&start_radio=1

- How is the King of my heart described and what does he do?

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Jeremy let's read 1 Kings 3:3-15

<https://youtu.be/Tp4wzPacJsw>

Today we are going to hear from Jeremy Van Genderen as he talks about how the desires of our heart help us see what king we are following.

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. **Ask them what stood out to them from the teaching or the scripture.**

Let's memorize 1 Kings 3:9 Give your servant therefore an understanding mind to govern your people, that I may discern between good and evil, for who is able to govern this your great people?"

Listen to the verses here

<https://www.youtube.com/watch?v=gmKFncq2ikY>

Today we are going to listen to that verse 2 more times and I invite you to join in singing the verse as you feel comfortable.

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about how our hearts desire points to whose kingdom we want to come challenge the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: If someone offered to give you whatever you heart desired what would you ask them to give you and why? Who would benefit from that request? Would this request bring fulfillment? I received something that brought complete fulfillment, can I tell you about Jesus?

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read 1 King 3:11

Truth: Desiring the things of God bring benefit for this life and the one to come.

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by Pray 1 Kings 3:6-9 and make sure to declare who God is, give thanks for godly examples in your life and ask God for understanding and discernment.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: 1 Kings 3:3-15

Topic: The Desires of My Heart

Scripture Sunday:

Read 1 Kings 3:3-15. What did Solomon ask God for? Was this response with a heart on his kingdom or God's kingdom? How can we have a heart after God's this week?

Memorize Monday:

Give your servant therefore an understanding mind to govern your people, that I may discern between good and evil, for who is able to govern this your great people?"

1 Kings 3:9

<https://www.youtube.com/watch?v=gmKFnc2ikY>

Table Talk Tuesday:

Talk: If someone offered to give you whatever you heart desired what would you ask them to give you and why? Who would benefit from that request? Would this request bring fulfillment? I received something that brought complete fulfillment, can I tell you about Jesus?

Text: And God said to him, "Because you have asked this, and have not asked for yourself long life or riches or the life of your enemies, but have asked for yourself understanding to discern what is right, 1 Kings 3:11

Truth: Desiring the things of God bring benefit for this life and the one to come.

Watch it Wednesday:

Full Send 1st and 2nd Kings Whose Kingdom Come – Desires of Our Heart – Jeremy Van Genderen <https://youtu.be/Tp4wzPacJsw>

Tune In Thursday:

One Desire by Jeremy Camp -

https://www.youtube.com/watch?v=Hb8hzsgdnJQ&list=RDHb8hzsgdnJQ&start_radio=1

King of My Heart by Kutless - https://www.youtube.com/watch?v=-jkMnq2Hfzo&list=RD-jkMnq2Hfzo&start_radio=1

Fun Friday:

Today do something you love with someone else. As you guys enjoy this activity take some time to share how much you love God and what He has done for you.

Seek Him Saturday:

Pray 1 Kings 3:6-9 and make sure to declare who God is, give thanks for godly examples in your life and ask God for understanding and discernment.

