

About This Resource

Have you ever wondered what God's plan for you is?

How aware are you of your sin?

How do you receive confrontation or confront others about sin?

Where do you find hope?

What happens when consequences come?

Over the next five weeks we are going to walk through the book of Jeremiah and answer these questions. It is our goal in this curriculum to challenge you to wake up every morning thinking about the plan God has for you, how to remain faithful to Him, how to be aware of your sin and willing to confront others in their sin. We will also learn about the future hope we have in Christ when we put our faith and trust in Him as Lord and Savior. Join us on this journey and wake up every morning standing on the firm foundation of the word of God.

Each session includes (60 – 75 minutes):

- ❖ **Share Time:** An opportunity for people to share where they saw God this week. (7 minutes)
- ❖ **Connection Time:** An activity to grow in relationship with each other. (8 minutes)
- ❖ **Worship:** Songs that speak the truth of the session. (10-15 minutes)
- ❖ **Teaching:** A video clip that dives into the chapter. (15-20 minutes)
- ❖ **Scripture Memory:** Tools to hide the word of God in your heart. (5-7 minutes)
- ❖ **Simple Spiritual Conversation Starters:** Questions that can easily transition to spiritual conversations (10-15 minutes)
- ❖ **Biblical Prayer:** Prompts to pray Scripture back to God (5 minutes)

Full Send Ministry exists to Equip, Empower and Encourage people to live 100% committed lives to God. There are more resources at www.fullsendministry.com

- Daily tools for personal growth and outreach
- Yearly conference information
- Free curriculum



Lesson #5: Humble Yourself

What you will need for this lesson:

Print off copies of the Memory Verse

Setup:

- Have the song videos and teaching videos pulled up on the computer.
- Prepare the tool for memorizing scripture.
- Put a list of past scriptures on the board to go over.
- Print a copy of the daily tools for each attendee.

Curriculum Note: As you walk through each daily tool have your group write down who or when they could use that tool this week. This curriculum is a call and an expectation of action in this world. Let's equip, empower and encourage each other to live our lives 100% committed to Jesus every day.

Welcome: (Includes Share Time and Fun Friday)

Let's talk about the Bible today. If the Bible says something different than what you think what do you do? Would you be willing to share a story of time this happened?

At Full Send we love to celebrate what God is doing and that is why we want testimony time to be a part of every time we get together. We believe that God has been moving throughout the week and want to celebrate with each other where we saw Him. **Before we start talking about the book of Jeremiah let's share what God has been doing in our lives this week!** After a few people have shared praise God for His movement in your lives.

Worship: (Includes Tune In Thursday)

Listening and singing to God is a great way to connect with Him and hear Biblical truths. Encourage your group to either listen or sing along, whatever is best for them. As they engage with each song there will be a few questions to unpack what they heard and experienced.

The Humble Kind by Sidewalk Prophets -

https://www.youtube.com/watch?v=HL_knGcDvrA&list=RDHL_knGcDvrA&start_radio=1

- What does this song say about humility?

All My Boast is Jesus Christ by Keith and Kristyn Getty -

https://www.youtube.com/watch?v=lHFavEvdYBI&list=RDlHFavEvdYBI&start_radio=1

- What does this song say about boasting and pride?

Word: (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we listen to the message from Jeremy let's read Jeremiah 36:1-24

Today we are going to hear from Jeremy Van Genderen as he talks about Humbling ourselves <https://youtu.be/ckEp1KZOFqM>

Encourage people to take notes on the back of their sheet of daily tools as they listen to the teaching. Ask them what stood out to them from the teaching.

Let's memorize Jeremiah 34:2 "Thus says the Lord, the God of Israel: Go and speak to Zedekiah king of Judah and say to him, 'Thus says the Lord: Behold, I am giving this city into the hand of the king of Babylon, and he shall burn it with fire.

Listen Here:

<https://youtu.be/qtPY02HBbPQ?feature=shared>

Today we are going to memorize the verse by putting the verse in order. Make sure to mix up the verse you printed and have groups of 2-3 people put the verse back in the right order.

Witness: (Includes Table Talk Tuesday)

Now that we have read and studied about humility challenge the group to answer the questions as they would. Then think about how others may answer the questions and how they can turn that into a spiritual conversation.

The questions of the day are: Name something your pride has caused you to do. How did that end up? How do you feel when your pride encourages you do something that doesn't work out? Has your pride ever caused you to miss out on what God has for you?

As we process these questions, we hope that each person is prepared and equipped to use these questions in normal everyday conversations throughout the week.

Let's read Jeremiah 36:23-24

Pride causes us to trust ourselves, humility helps us trust God.

May this section be an encouragement to those who hear it, and may God fill them with the hope they can have in Jesus Christ.

Closing Prayer: (Includes Seek Him Saturday)

Each week we want to teach people how to pray scripture back to God. Sometimes it is as easy as speaking the text and other times it is using the concepts of the passage to say what is going on in our lives. **Let's finish our day by praying through Jeremiah 45 and weep for the sins of this world as Jeremiah wept for the sins of the people of Judah.**

Encourage the group to come back with stories of what God did this week and how He worked through these daily tools.

Scripture: Jeremiah 34-52

Topic: Humble Yourself

Scripture Sunday:

Join me today in Jeremiah chapters 34-52 today. Do you see any people responding in humility? Pride?

Memorize Monday:

“Thus says the Lord, the God of Israel: Go and speak to Zedekiah king of Judah and say to him, ‘Thus says the Lord: Behold, I am giving this city into the hand of the king of Babylon, and he shall burn it with fire. Jeremiah 34:2

<https://youtu.be/qtPY02HBbPQ?feature=shared>

Table Talk Tuesday:

Talk: Name something your pride has caused you to do. How did that end up? How do you feel when your pride encourages you do something that doesn't work out? Has your pride ever caused you to miss out on what God has for you?

Text: As Jehudi read three or four columns, the king would cut them off with a knife and throw them into the fire in the fire pot, until the entire scroll was consumed in the fire that was in the fire pot. Yet neither the king nor any of his servants who heard all these words was afraid, nor did they tear their garments. Jeremiah 36:23-24

Truth: Pride caused the leaders of Judah to trust in themselves and not God.

Watch it Wednesday:

Full Send – Jeremiah In the Mo(u)rning Humble Yourself – Jeremy Van Genderen -

<https://youtu.be/ckEp1KZOFqM>

Tune In Thursday:

The Humble Kind by Sidewalk Prophets -

https://www.youtube.com/watch?v=HL_knGcDvrA&list=RDHL_knGcDvrA&start_radio=1

All My Boast is Jesus Christ by Keith and Kristyn Getty -

https://www.youtube.com/watch?v=lHFavEvdYBI&list=RDlHFavEvdYBI&start_radio=1

Fun Friday:

Tonight I encourage you to have some friends over for a bonfire. During the night bring up the story we talked about this week in Jeremiah 36 and talk to them about how we treat the word of God.

Seek Him Saturday:

Pray through Jeremiah 45 and weep for the sins of this world as Jeremiah wept for the sins of the people of Judah.

