

Full Send Ruth chapter 1

Make sure to print out the last page of this curriculum for each participant. They will take this home and use it throughout the week. People can also receive these daily tools through the Full Send App, go to the Full Send website or by contacting us at www.fullsendmin@gmail.com

Welcome: (15 minutes) (Includes our Fun Friday challenge)

Welcome to the series on the book of Ruth! There is nothing better than hearing what God is doing in the life of our group, so let's take time to share with each other where we saw God this week! (Each week during the welcome time we want to hear where the group saw God at work during the week. Take 5-7 minutes to share some brief stories. Make sure to end this time with praise to God and expectation for the next week)

Ruth chapter 1 is a heavy chapter. Naomi and Ruth experience a lot of hardship and grief. If you are feeling down what picks you up? What do you enjoy doing in general that makes your day better? Can you think of anyone in your life that is struggling or grieving right now? Maybe they are going through what feels like a famine physically or spiritually. What could you do for this this week to bring some joy and hope? (Try to find out there favorite snack and write it down and come back with it next week to use it during the welcome time next week)

Worship: (10 minutes) (Includes the Tune in Thursday Songs)

Sometimes music can bring life and hope into dark situations. We are going to take a few minutes to listen to two songs and as you listen I want you to answer these questions.

- What are the struggles faced in these songs?
- What do we hear of God in these songs?
- Is there someone that could benefit from these songs in your life?

Why God by Austin French - <https://www.youtube.com/watch?v=s3Cruc3PYS4>

The Struggle by Zach Williams - <https://www.youtube.com/watch?v=e3DFQ75CpHc>

Word: (20 minutes) (Includes Scripture Sunday, Memorize Monday and Watch It Wednesday)

Before we dive into some teaching on Ruth 1 let's take some time to read Ruth chapter 1.

Now we are a going to hear from Eric Groezinger as he shares an intro to the book of Ruth and some thoughts on chapter 1. <https://youtu.be/TbrTXQNcZPO>

- What does this chapter say about God?
- What does this chapter say about humanity and life?
- How does that truth of God impact our life?

Today we are going to use the first letter of each word to memorize this verse. Write this on the whiteboard and then point to each letter as you say the word of the verse. BRS, "DNUMTLYOTRFFY. FWYGIWG, AWYLIWL. YPSBMP, AYGMG."

Our verse for today comes from Ruth 1:16. But Ruth said, "Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God. Ruth 1:16

Witness: (10 minutes) (Includes Table Talk Tuesday)

Each week we want to ask questions that will help us get into natural conversations about God with people. This week will be some tough questions, but I believe if we are able to share vulnerably with others it opens doors to point to Jesus. The two questions for this week are, when have you faced tragedy and loss and how did you respond?

Take a moment to Read Ruth 1:6. In this verse we see how God provided for the Israelites in the midst of the famine.

The truth is, that we have two choices when it comes to tragedy and loss and that is to run from God or run to God. God will always be there to provide comfort, peace and hope and we will find that nowhere else.

Closing Prayer: (5 minutes) (Includes Seek Him Saturday)

We will close today as we close every time together, in prayer. Not just any prayer, but praying through scripture. Today we will be praying Ruth 1:20-21 and as we pray I invite you to name places of hurt, sorrow and bitterness.

Scripture: Ruth 1

Topic:

Scripture Sunday:

Read through Ruth 1 today. As you read ask yourself, what does it say about God and what does it say about humanity?

Memorize Monday:

But Ruth said, "Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God. Ruth 1:16

Table Talk Tuesday:

Talk: When have you faced tragedy or loss? How did you respond?

Text: Then she arose with her daughters-in-law to return from the country of Moab, for she had heard in the fields of Moab that the Lord had visited his people and given them food. Ruth 1:6

Truth: God provided food in the midst of a famine. Sometimes it is easy to blame God or turn from Him in times of tragedy. Know that God is always there with you in the midst of the tragedy and will provide.

Watch it Wednesday:

Full Send Ruth 1 - <https://youtu.be/TbrTXQncZP0>

Tune in Thursday:

Why God by Austin French - <https://www.youtube.com/watch?v=s3Cruc3PYS4>

The Struggle by Zach Williams - <https://www.youtube.com/watch?v=e3DFQ75CpHc>

Fun Friday:

In Ruth chapter 1 there is a lot of grief, sorrow, bitterness and a consequences. In the midst of this Naomi needed hope and we know that is only found in Christ. If you know someone who is hurting or has recently lost a loved one make an intentional priority to spend time with them and do something you know they enjoy. Show them the hope in the love of Jesus today!

Seek Him Saturday:

Today I invite you to name the places of hurt and sorrow in your life as you pray Ruth 1:20-21.