

*September 3, 2017*

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**TIME OF REFLECTION**

“We do incredible amounts of personal damage in our striving for security. We manipulate and exploit other people in order to get ahead, to climb the corporate ladder, so that we can be more secure. We are hesitant to be vulnerable, so we hide behind masks in order to remain emotionally secure. All of this is so ridiculous because our very attempts to insure personal security are destructive of it.”

~Marva Dawn, *Keeping the Sabbath Wholly*

“True contentment is a thing as active as agriculture. It is the power of getting out of any situation all that there is in it. It is arduous and it is rare.”

~G.K. Chesterton, *The Contented Man*

“May your hands always be busy, May your feet always be swift, May you have a strong foundation When the winds of changes shift; May your heart always be joyful, May your song always be sung, And may you stay forever young.”

~Bob Dylan, “Forever Young”

“True peace is not merely the absence of tension; it is the presence of justice.”

~Dr. Martin Luther King, Jr., *Stride Toward Freedom*

“Jesus woke up and rebuked the wind, and said to the sea, ‘Peace! Be still!’ Then the wind ceased, and there was a dead calm.”

~Mark 4:39

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## *Worship through the Word*

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**SERMON** – “The Quiet Soul” – *Drew Matter*

**SERMON PASSAGE** – *Psalm 131 (ESV)*

- <sup>1</sup> O LORD, my heart is not lifted up;  
my eyes are not raised too high;  
I do not occupy myself with things  
too great and too marvelous for me.
- <sup>2</sup> But I have calmed and quieted my soul,  
like a weaned child with its mother;  
like a weaned child is my soul within me.
- <sup>3</sup> O Israel, hope in the LORD  
from this time forth and forevermore.