

The Promise of the Spirit  
"Grieving the Holy Spirit"  
Beck Payne-Associate Pastor  
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#1 The Holy Spirit is God.

One important truth we need to understand is that God is knowable; but God is also incomprehensible.

The doctrine of the Trinity is a foundational doctrine of Christianity as it pertains to knowing who God is.

God is...one.

Scriptures: Deuteronomy 6:4; I Timothy 2:5

God is one, eternally existing in three persons.

Scriptures: Matthew 3:16; 2.Corinthians 13:14

God is...the Father

God is...the Son

God is...the Holy Spirit

#2 The Holy Spirit is who...

regenerates us.

produces fruit in us.

lives in us.

lives through us.

#3 The standard of living for God's people is holiness.

Scriptures:

Ephesians 1:1 (NLT)

I. Thess. 4:1-8 (NLT)

We have an identity

We have a responsibility

We have the capability

How we live our lives matters!

How we live our lives either brings pleasure or sorrow to The Spirit of God.

How we live out our lives is a reflection of what is in our hearts.

#4 The Holy Spirit is who...

lives through us

leads us

helps us

empowers us

With those truths being understood, the last thing we as believers would want to do would be to grieve Him.

#5 We grieve the Holy Spirit when we fail to live by His Spirit.

Ways we grieve the Holy Spirit:

Deceit

Verse 25 says, *"So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body."*

Grudges

Verses 26-27 says, *"And don't sin by letting anger control you. Don't let the sun go down while you are still angry, for anger gives a foothold to the devil."*

## Self-Centeredness

Verse 28 says, *"If you are a thief, quit stealing. Instead, use your hands for good hard work, and then give generously to others in need."*

## Useless Talk

Verse 29 says, *"Don't use foul or abusive language. Let everything you may say be good and helpful, so that your words will be an encouragement to those who hear them."*

*"Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. <sup>32</sup> Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you."*  
(Ephesians 4:31-32)

## Bitterness

*"Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many." (Hebrews 12:15)*

## Rage / Anger

*"Don't befriend angry people or associate with hot-tempered people, or you will learn to be like them and endanger your soul." (Proverbs 22:24-25)*

## Harsh Words/Quarreling

## Slander

## Evil Behavior/Malice

Scripture: Ephesians 4:20-24

*"But that isn't what you learned about Christ. <sup>21</sup> Since you have heard about Jesus and have learned the truth that comes from him, <sup>22</sup> throw off*

*your old sinful nature and your former way of life, which is corrupted by lust and deception.<sup>23</sup> Instead, let the Spirit renew your thoughts and attitudes. <sup>24</sup> Put on your new nature, created to be like God—truly righteous and holy.”*

*“Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.” (Ephesians 4:32)*

Listen to the Holy Spirit.

Learn the Holy Spirit.

Love the Holy Spirit.

Let go of your old ways.

Live according to the Holy Spirit.