

PSALM 91

AUGUST 24, 2025

• READ: Psalm 91

1. In the Secret Place we find God's Protection (v 1-2)

(Psalms 91:1-2 NKJV)1 He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. 2 I will say of the Lord, "He is my refuge and my fortress; My God, in Him I will trust."

2. In the Secret Place we find Confidence for Deliverance (v3-6)

(Psalms 91:3-6 NKJV) 3 Surely, He shall deliver you from the snare of the fowler and from the perilous pestilence. 4 He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. 5 You shall not be afraid of the terror by night, Nor of the arrow that flies by day, 6 Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday

3. In the Secret Place we find a Safe Refuge – (v.7-8)

(Psalms 91:7-8 NKJV) 7 A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you. 8 Only with your eyes shall you look, And see the reward of the wicked

## 4. In the Secret Place We Find Jesus (v. 9-13)

(Psalms 91:9-13 NKJV) 9 Because you have made the Lord, who is my refuge, Even the Most High, your dwelling place, 10 No evil shall befall you, Nor shall any plague come near your dwelling; 11 For He shall give His angels charge over you, To keep you in all your ways. 12 In their hands they shall bear you up, Lest you dash your foot against a stone. 13 You shall tread upon the lion and the cobra, The young lion and the serpent you shall trample underfoot.

#### **Jesus Went To The Secret Place:**

- To Recharge After Hard Work
- To Work Thru Grief / Disappointment
- Before Making Important Decisions
- In Times Of Distress
- To Focus On His Assignment

5. In the Secret Place we find Rescue & Restoration (v. 14-16)

(Psalms 91:14-16 NKJV) 14 "Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. 15 He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. 16 With long life I will satisfy him, And show him My salvation."

## The Resulting Rescue & Restoration

- Because He Sets His Love on the Lord-- I Will Deliver Him
- Because He Knows My Name-- I Will Set Him On High
- Because He Calls on My Name-- I Will Answer Him

## Seeking The Secret Place - How To Have A Quiet Time

• **DEFINITION:** A Quiet time is a daily time I set aside to be alone *in the secret place* with God. To get to know Him through the Bible and prayer."

 In Getting To Know God – We Spend Time In The Secret Place So That We Can Get To Know Him.

# The Importance Of A Daily Quiet Time/Secret Place

- We were created to have fellowship with God.
- Jesus died to make a relationship w/God possible.
- Time alone with God was Jesus' source of strength
- Many effective in service for God developed this habit.
- You cannot be a healthy\_Christian without it!

# Why Is Quiet Time In The Secret Place Important?

• (Psalms 145:18) The Lord is near to all who call on him, to all who call on him in truth

- Ultimately, it's about relationship. God wants intimacy with us; he wants us to live the life he created us for, to walk in faith and obedience to his will. And spending time with him in the secret place — reading His Word and in prayer — enables us to draw close.
- https://trishasheffield.com/developing-your-quiet-time-and-learning-to-be-still/

# The Purpose Of A Daily Quiet Time / Secret Place

- 1. To Give Devotion To God.
- 2. To Get Direction From God.

Things To Do In A Quiet Time

- Consider Your Way:
- Commit Your Day:
- 3. To Gain Delight In God.
- 4. To Grow Daily To Become More Like God.

## How To Begin A Daily Quiet Time In The Secret Place

- 1. SELECT A SPECIFIC TIME. (When You Are At Your Best) (Be Consistent)
- 2. CHOOSE A SPECIAL PLACE. (A Solitary Place)
- 3. GATHER THE RESOURCES YOU'LL NEED.
- Quiet times should have two main things in the—time in the Word and time in prayer.
- 4. BEGIN WITH THE RIGHT ATTITUDES
  - Reverence Expectancy Obedience

## When We Dwell In The Secret Place -- 5 Things Occur:

- 1)We find God's protection
- 2) We have confidence in His deliverance
- 3)We find a refuge of safety
- 4)We find our rescue and restoration
- 5)We find Jesus

## The Lord Says For Those Who Go To The Secret Place

- I will answer them
- I will be with them in trouble
- I will deliver and honor them
- I will satisfy them with long life
- I will show them my salvation