

Essentials of Thanks-Filled Living

November 30, 2025



Essentials of Thanks-Filled Living

Giving Thanks To God:

- **1 Thessalonians 5:16–18 (NIV) — 16** Rejoice always, **17** pray continually, **18 give thanks in all circumstances;** for this is God’s will for you in Christ Jesus.
- **“Thankful”** paints the picture of one who is so grateful that they have an outpouring of overwhelmingly good feelings about everything. Regardless of what is happening-- or not happening-- they have decided to be thankful – *Rick Renner*

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Let's Read Colossians 3:1-17

- **(Col. 3:15-17 NIV) 15** Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. **And be thankful. 16** Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God **with gratitude in your hearts. 17** And whatever you do, whether in word or deed, do it all **in the name of the Lord Jesus, giving thanks to God the Father through him.**

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Paul's Rules for Holy Living & Gratefulness:

1. Be Thankful for God's peace
2. Let the words you say and the songs you sing be filled with Gratitude to God
3. In all that you do, whatever you do, give thanks to God the Father thru Christ

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**Intentional Gratitude Involves Spiritual Practices Like
Prayer And Praise**

- **A Mindset & Lifestyle Of Giving Thanks Unto The Lord**

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Thankfulness Has A Foundation:

- ***Being thankful to God for who He is.***
- ***Our Creator, Sustainer, Savior, He Loves Us***

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3 Reasons To Give Thanks.

Psalm 100:3–5 (NIV) — 3 Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. **4** Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. **5** For the Lord is good and his love endures forever; his faithfulness continues through all generations.

1. We Belong To The Lord -- He Is Our God – He Is Good
2. His Love Endures Endlessly
3. His Faithfulness Continues To All Generations

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The essentials of a Thanks-filled life revolve around the one to whom we are eternally grateful -- The Lord our God.

- ***In Him Our Needs Are Met And We Find All Of The Provision & Power – That We Could Ever Want Or Need***

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Thanksgiving Is Choice That We Constantly Make:

1. To Focus On Things That Are Good & Beneficial In Our Lives
2. Refusing To Dwell On Negative Circumstances That Lead To Grumbling And Griping.
3. Thankfulness Is Not An Accident – It Is A Choice

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Thanksgiving Is A Command: “Give Thanks In Everything”

- **Thanksgiving Is An Attitude:** It Permeates All That We Do

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**Thankful People Thank God For His Blessings –
Unthankful People Do Not**

- **Psalm 92:1–6 (NIV) —** 1 It is good to praise the LORD and make music to your name, O Most High, 2 proclaiming your love in the morning and your faithfulness at night, 3 to the music of the ten-stringed lyre and the melody of the harp. 4 For you make me glad by your deeds, LORD; I sing for joy at what your hands have done. 5 How great are your works, LORD, how profound your thoughts! 6 **Senseless people do not know, fools do not understand,**

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In Your Attitude -- Your outlook determines your outcome

- It Creates An Atmosphere Of Appreciation
- The Attitude Affects Our Actions
- We Don't Just “Say It” -- We “Do It” -- We “Live It”

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Three Levels of Gratefulness

- **Level #1—Being Grateful When You Are Blessed**
- **Level #2—Being Grateful For the Hope of Blessing To Come**
- **Level #3—Being Grateful During a Trial**
- *“When we can give God thanks and praise when we are in the lion’s den, the fiery furnace, or severe hardship, we demonstrate a level of maturity that few Christians seem to know but God wants us to have.” – Rod Mattoon*

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Practical Ways To Give Continual Thanks To God

1. *In Our Praying*
2. *In Our Thinking*
3. *In Our Living*

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Scripture Links “Giving Thanks” With “Triumph & Victory In Christ”

- **1 Corinthians 2: 14** “... **thanks** be to God who always leads us in **triumph in Christ.**”
- **1 Corinthians 15: 57** “... **thanks** be to God who gives us the **victory** through our Lord Jesus Christ.”
- In gratitude our lives will be lined up for victory in Christ

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Gratitude Is Evidence That God Is Working In Our Lives

- **Thanksgiving Is Continual Not Just One Time A Year**
- **We Are Grateful Because Of Who We Are In Christ**
- **Because Of All That Christ Has Done For Us**

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We Have So Much To Give Thanks To The Lord For

- *God is good*
- *God is in control*
- *His spirit is always with us*
- *Jesus is coming back*

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Hebrews 13:15–16 (NIV) — 15 Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. **16** And do not forget to do good and to share with others, for with such sacrifices God is pleased.

- Has the essential of Thanks Filled living surfaced in my life?

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Do I Seek To Have An Attitude That Is Filled With Gratitude...

- *In My Praying*
- *In My Thinking*
- *In My Living*
- *In My Speaking*
- *In My Relationships*