



## **DISCUSSION QUESTIONS**

### Fear Less — Part 5

1. Can you think of any examples in your life where someone has helped you face your fears? What happened, and why was it helpful?
2. Why do you think we often choose to face our fears alone?
3. Read Deuteronomy 31:1-8, 23 and Joshua 1:6-9. Why do you think it was necessary for the people to be told, “Be strong and courageous” so often?
4. Why do we struggle to believe God is really with us and for us? What are some things that might help us grow in our faith that God is on our side?
5. Read Hebrews 10:24-25. What role can others play in our lives when it comes to dealing with our fears? What are some ways we can encourage (“instill courage”) in one another?
6. Are there other steps you take to deal with fear in your life? How might you apply today’s lesson to your life?