



Cornerstone
Women's
Conference
2022

**Dying to Live:
Walking with Christ
in Uncertain Times**





Schedule

Friday

Welcome

Dinner

Tri-Tip, Beans, Bread, Salad

Session #1

Dessert & Discussion

Cheesecake

Saturday

Welcome

Breakfast

French Toast, Sausage, Bacon, Fruit, Granola

Session #2

Discussion Time

Session #3

Dismissal

****Gluten-free and Dairy-free meal options are available**
Ask your table hostess for an ingredient list**





Speaker Bio

Dr. Shelbi Cullen teaches full time as an Assistant Professor for the School of Biblical Studies at The Master's University where she enjoys teaching classes on biblical counseling and women's ministries. She holds an MA in Biblical Counseling from The Master's University, and a Doctorate in Educational Ministry from Southern Baptist Theological Seminary. She has been ACBC certified since 2005.

Shelbi and her husband Sean have been married for 36 incredible years. They have 4 grown children, three in-law children, and three darling grandchildren. They all live in the southern California area, so it's common to see them all hanging out together.

Shelbi considers it a great privilege to serve in Women's Ministries and be part of the Biblical Counseling Ministry at Grace Community Church, where she and her husband have served for the last seven years. In addition, she is co-host on the Women of Hope podcast which focuses on providing biblical and practical wisdom to other women in an effort to help them grow in the grace and knowledge of Christ.





Session One Outline

Hearing and Receiving

Introduction: Challenging Days (2 Tim. 3:1-5)

Casting the Seed: The Soils of our Hearts

Roadside Soil (Mt. 13:4, 19; Mk. 4:4, 15; Lk. 8:5, 12)

Rocky Soil (Mt. 13:5-6, 20-21; Mk. 4:5-6, 16-17; Lk. 8:6, 13)





Weed-Infested Soil (Mt. 13:7, 22; Mk. 4:7, 18-19; Lk. 8:7, 14)

Rich Soil (Mt. 13:8, 23; Mk. 4:8, 20; Lk. 8:8, 15)

“...having been firmly rooted and now being built up in Him and established in your faith, just as you were instructed, and overflowing with gratitude.”

Colossians 2:7





Session One Questions

1. What kind of soil are you?
2. Read Mark 4:13-14. Who is presented as the sower? - Discuss several ways in which the sower can sow seed (the Word of God) in uncertain times.
3. As you consider Mark 4:21-25, what are the expectations for believers (seeds that fall on the good soil) even as they face difficult days?
4. What might be some cares and uncertainties in the world today that hinder your fruitfulness? How might John 16:33 provide encouragement and perspective?
5. List out practical ways in which you can allow the Word of God to grow in you today, thereby helping you to guard against the schemes of the world.





Notes

Be courageous and continue to share the Gospel with others!

Do not give up, just be faithful!





Session Two Outline

Hearing and Surrendering

The Cost of Discipleship

Self-Denial

(Mt. 16:24; Lk. 9:23-24; 1 Cor. 6:19-20; 2 Cor. 5:9, 14-15)

Jesus' Illustration of Self-Denial – (Jn. 12:23-26)

Take up Your Cross (Jn. 15:18-19; 1 Tim. 5:9-16)





Follow Me
Obeying Christ (Jn. 15:14)

Fervent Love for Other Believers (Jn. 13:35)

Perseverance

Have a Track Record of Faithfulness (Jn. 8:31)

My sheep listen to My voice, and I know them, and they follow Me; and I give them eternal life, and they will never perish; and no one will snatch them out of My hand.

John 10:27-28





Session Two Questions

1. What are you living for (Mt. 6:19-24)?
2. What is your motivation for obedience (Jn. 15)?
3. Have you considered the cost of discipleship?
4. Discuss the difficulties associated with living a life of self-denial and other-centeredness today in a world of uncertainty.
5. What are hindrances that keep you from following in Christ's footsteps?
6. Share with your group practical steps you can take towards a life that reflects self-denial, cross-bearing, and following Christ.





Notes

Denying self and taking up your cross express the same idea. The cross was not about self-promotion or self-affirmation. The person carrying a cross knew they could not save themselves, and that *self* was destined to die.





Session Three Outline

Hearing and Walking

Introduction: A Believer's Posture in Christ

Positional Sanctification – Rooted and Built up in Christ (Col. 2:6-7)

Progressive Sanctification—Walking in Christ

Perfect Sanctification – Glorification

A Believer's Walk in Christ (Col. 2:5-7)





A Believer's Godly and Ungodly Walk (Lk. 10:38-42)

Cultivation of the Heart: Walking in Peace (Phil. 4:4-9)





Session Three Reflection

Read Philippians 4:4-9

1. **Pray Properly:** From verse 6, list three facts about the kind of prayer that overcomes worry or anxiety in uncertain times.
2. From verse 7, what is promised if we look to God in prayer? How does that encourage you?
3. **Think Properly:** Reflecting on verse 8, what are some things you need to think about in uncertain times to help build peace into your life?
4. What are some specific things you can do to make sure you think properly?
5. **Live Properly:** Reflecting on verse 9, what does it say we are to do with the things we learn, receive, and hear from God's Word?
6. Who promises to be with you when you step out in faith and practice these things?





Notes

All Outlines and Questions:

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*To know Christ
and to make
Him known*

Cornerstone
Community Church