

## **I Will Praise You, My God!** **Psalm 145**

**This morning we are going to be looking at Psalm 145.** Psalm 145 is the last of the Psalms written by David. It is titled, *A Psalm of Praise, of David*. It is the only Psalm where “praise” occurs in the title. This is the last of the alphabetical psalms in which each verse begins with a letter of the Hebrew alphabet. In this Psalm, David praises God for every good reason, especially praising His divine greatness over all. How do we measure God’s greatness? How do we become aware of His goodness? What can we do to pass praise on to future generations? My prayer is that we would learn how to praise God as David did as we look at Psalm 145 together this morning. I have titled this sermon “**I Will Praise You, My God!**” What does David praise God for? Our outline this morning is **I. God’s Greatness** (v 1-6); **II. God’s Goodness** (v 7-10); **III. God’s Glory** (v 11-13); **IV. God’s Guarantee** (v13); **V. God’s Grace** (v 14-21).

### **Let’s read Psalm 145**

**Psalm 145** — A Psalm of Praise, of David. *1 I will extol You, my God, O King, And I will bless Your name forever and ever. 2 Every day I will bless You, And I will praise Your name forever and ever. 3 Great is the LORD, and highly to be praised, And His greatness is unsearchable. 4 One generation shall praise Your works to another, And shall declare Your mighty acts. 5 On the glorious splendor of Your majesty And on Your wonderful works, I will meditate. 6 Men shall speak of the power of Your awesome acts, And I will tell of Your greatness. 7 They shall eagerly utter the memory of Your abundant goodness And will shout joyfully of Your righteousness. 8 The LORD is gracious and merciful; Slow to anger and great in lovingkindness. 9 The LORD is good to all, And His mercies are over all His works. 10 All Your works shall give thanks to You, O LORD, And Your godly ones shall bless You. 11 They shall speak of the glory of Your kingdom And talk of Your power; 12 To make known to the sons of men Your mighty acts And the glory of the*

*majesty of Your kingdom. 13 Your kingdom is an everlasting kingdom, And Your dominion endures throughout all generations. 14 The LORD sustains all who fall And raises up all who are bowed down. 15 The eyes of all look to You, And You give them their food in due time. 16 You open Your hand And satisfy the desire of every living thing. 17 The LORD is righteous in all His ways And kind in all His deeds. 18 The LORD is near to all who call upon Him, To all who call upon Him in truth. 19 He will fulfill the desire of those who fear Him; He will also hear their cry and will save them. 20 The LORD keeps all who love Him, But all the wicked He will destroy. 21 My mouth will speak the praise of the LORD, And all flesh will bless His holy name forever and ever.*

## **I. God's Greatness 1-6**

**Let's look at verse 1...** *"I will extol You, my God, O King" ...* David says, *"I will extol You."* Or I will praise You. This is a psalm of praise. Last week we looked at **Psalm 63** and we saw the personal nature of the Psalm when David prayed *"O God, You are my God."* Once again in **Psalm 145** David addresses God as *"my God"*. He has an intimate relationship with God. And then David says, *"O King."* A major theme of this passage is "the praise of the Great King." Only in Psalm 145 and **Psalm 98:6** is Yahweh (God) declared "the King." **Psalm 98:6** says, *"With trumpets and the sound of the horn Shout joyfully before the King, the LORD."* David is declaring in verse 1, "my God is the King. He is the Great King. I will praise Him." Pastor Steve Lawson writes, "David was king over Israel, but God was King over David. David is praising God. He is exalting Him. **To exalt means** "to elevate to a high place or to lift up." **Why does God's kingship form a basis for our praise and worship?** Because of the sovereignty of God. That is, "God's absolute rule and authority over all things." God our King is worthy of our praise. He is the absolute ruler. He has all authority over all things. And this is the initial reason for offering Him our praise. Will you choose today to shout out to God this morning, *"I will praise You, my God, O King?"* He is a great King. Will you praise Him for His greatness?

**Notice the second part of verse 1 and verse 2...** David says, *“And I will bless Your name forever and ever. Every day I will bless You, And I will praise Your name forever and ever.”* “Forever and ever” he says. “Every day,” he says. *“I will bless Your name.”* God’s name represents His holy character. David knows the character of God. He knows His attributes. God is a Holy God. He is a great God. Praising God daily for eternity marks biblical worship. What is God’s will for you? It’s daily praise. **1 Thessalonians 5:17–18** says, *“pray without ceasing; in everything give thanks; for this is God’s will for you in Christ Jesus.”* No matter what is going on in your life...good days...difficult days, can you say, “every day I will bless You? How would our lives be different if we had this daily approach to God?

**Verse three emphasizes the greatness of God...** *“Great is the Lord, and highly to be praised, And His greatness is unsearchable.”* No one can fathom it. There is no part of God’s greatness which is not worthy of praise. He is great in His person and in His works. **What divine deeds define God’s greatness?** “The magnitude of God’s person and of His works determines the magnitude of His greatness.” His greatness is unsearchable. What a reason to praise Him! He is worthy. **Psalm 95:3** says, *“For the LORD is a great God And a great King above all gods...”* We sang it this morning...How Great is our God! His greatness is unsearchable. It is beyond our human comprehension. It is never fully realized by finite man. **How great is our God?** There is no one greater. For that we highly praise Him. I will praise You, my God, O King, for Your Greatness!

**Look at verse 4...** *“One generation shall praise Your works to another, And shall declare Your wonderful works.”* **Do you have anything to praise God for this morning?** I hope you do. For sure when this sermon is over, you will have heard at least five things that you can praise God for. *“One generation shall praise Your works to another.”* What can we do to pass praise on to future generations? We can tell our children, our grandchildren, our friends, our neighbors, our coworkers, our classmates, and others what God has done. We can tell them about

His wonderful works. **What has God done?** Look in the Old Testament. Look in the New Testament. And if you are a believer here this morning, praise God for the work He did in your life. Model daily praising of God. Be intentional. When you wake up each day, make a plan for how you will pass praise on to future generations. Because God is great! **Do you believe it?** If so, say with me, “I will praise You, My God, O King for Your greatness.”

**Verse 5 and 6 say...** *“On the glorious splendor of Your majesty And on Your wonderful works I will meditate. Men shall speak of the power of Your awesome acts, And I will tell of Your greatness.”* David says, *“I will meditate.”* **What does he meditate on?** The greatness of God...His holiness, His sovereignty, His grace, and His attributes. He meditates on the glorious splendor of God’s majesty and on God’s wonderful works. In these verses we AGAIN see what passing praise on to future generations looks like... *“Men shall speak of the power of Your awesome acts, And I will tell of your greatness.”* Men and women, don’t just think about the awesome acts of God...speak of them. And don’t just think about God’s greatness...tell others. I will praise You, My God, O King for Your greatness.”

We have seen **the greatness of God** in verses 1-6. Verses 7-10 speak of **the goodness of God**.

## II. The Goodness of God vs 7-10

**Verse 7 says,** *“They shall eagerly utter the memory of Your abundant goodness And will shout joyfully of Your righteousness.”* Notice the words “eagerly utter.” The verb here depicts gushing speech. Charles Spurgeon says, “They shall pour forth grateful memories even as springs gush with water, plenteously, spontaneously, constantly, joyously. The Lord’s redeemed people having been filled with His great goodness, shall retain the happy recollection of it, and shall be moved often and often to utter those recollections.” When you think about God’s goodness...Not just His goodness...His abundant goodness..., do you

**eagerly** utter what comes to mind? When you think about God's righteousness, do you shout joyfully? Can you say, "I will praise You, my God, O King, for Your goodness?" God is good.

**Verse 8 says,** *"The Lord is gracious and merciful; Slow to anger and great in lovingkindness."* Verse 8 is quoting from **Exodus 34:6** which says, *"Then the LORD passed by in front of him and proclaimed, "The LORD, the LORD God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth."* **Exodus 34:6** is quoted many times in the Old Testament. This verse describes the character and works of God. This verse was significant to the Old Testament believers. God is good. **He is gracious.** That is, He is kind and merciful. **He is merciful.** That is, He is full of compassion on those who are in need. **He is slow to anger.** That is, He is patient and longsuffering. **He is great in lovingkindness.** He is abounding in steadfast love. God is good. I will praise You, my God, O King, for your goodness. **Who is He good to?**

**Verse 9 and the first part of verse 10 says,** *"The Lord is good to all And His mercies are over all His works. All Your works shall give thanks to you, O Lord..."* He is good to all. He showers compassion on all creation. Charles Spurgeon says, "He allows his enemies to live, he even supplies them with food, and smooths their way with many comforts; for them the sun shines as brightly as if they were saints, and the rain waters their fields as plentifully as if they were perfect men." Pastor Steve Lawson says, "God is good to all, even to His enemies, showing them common grace. He is not merely good to the good, but He shows favor to the undeserving, delaying His judgment, extending further opportunities to repent." All of God's works will reveal who He is. Are you thankful for who He is and what He has done? Will you praise Him for those things? He is good.

**Verse 10 continues,** "And Your godly ones shall bless You." Verse 1, verse 10, and verse 21 talk about blessing. Verse 1 says, "I will bless Your holy name forever and ever." Verse 10 says, "Your godly ones shall bless You." Verse 21 says, "All flesh will bless His holy name

forever and ever.” To bless the Lord means to praise Him, to exalt Him, and to worship Him. It means to kneel or to kneel in worship. Why do they bless God? Because He is good. I will praise You, my God, O King, for your goodness.” We praise God for His greatness. We praise Him for His goodness. And third, we praise Him for His Glory.

### **III. God’s Glory vs 11-13**

**Look at verses 11-13...** *“They shall speak of the glory of Your kingdom And talk of Your power; To make known to the sons of men Your mighty acts And the glory of the majesty of Your kingdom. Your kingdom is an everlasting kingdom, And Your dominion endures throughout all generations.”* Notice the words, “Your kingdom.” It is repeated in this section. The psalm opened speaking of God as “King” in verse 1. Verses 11-13 repeatedly talk about His kingdom or dominion. The Lord’s kingdom, in these verses, refers to His universal and continuous reign over all creation, He never loses control over His creation. Notice the words “glory,” “power,” “mighty acts,” and “the glory of the majesty. These words let us know that God’s kingdom is glorious. It is filled with majesty and splendor. Charles Spurgeon writes, “Those who bless God from their hearts rejoice to see him enthroned, glorified, and magnified in power. No subject is more profitable for humility obedience, hope, and joy than that of the reigning power of the Lord our God. His works praise him, but they cannot crown him: this remains for holy hands and hearts. It is their high pleasure to tell of the glory of his kingdom in its justice, kindness, eternity, and so forth. Kingdoms of earth are glorious for riches, for extent of territory, for victories, for liberty, for commerce, and other matters; but in all true glories the kingdom of Jehovah excels them. We have seen a palace dedicated “to all the glories of France”; but time, eternity, and all space are filled with the glories of God: on these we love to speak.” Will you speak of the glory of God’s kingdom? Will you talk of God’s power? Will you make known to others about God’s mighty acts and the glory of the majesty of His kingdom? It is an everlasting kingdom. God’s dominion endures throughout all generations. I will praise You, my God, O King, for your glory.

#### IV. God's Guarantee vs 13

**Look at verse 13 again...** *"Your kingdom is an everlasting kingdom, And Your dominion endures throughout all generations."* The Lord is faithful in all He says; He is gracious in all He does. And in verse 13 it tells us that His kingdom is everlasting and His dominion endures throughout all generations. What an amazing guarantee! Can you imagine that? An everlasting guarantee. This world is not our home. We are here for a short while. For those who have put their trust in Christ alone for salvation...we have eternity in heaven to look forward to. What a gift! What great love! Jesus Christ made it possible for us to spend eternity with the King of kings in heaven. We don't deserve what God is offering. **Romans 3:23** says, *"for all have sinned and fall short of the glory of God."* Romans 6:23 says, *"For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."* In **John 10:10**, Jesus says, *"The thief comes only to steal and kill and destroy; I came that they may have life, and have it abundantly."* **John 14:6** says, *"Jesus said to him, 'I am the way, and the truth, and the life; no one comes to the Father but through Me.'" Will you put your trust in Christ alone for salvation this morning? I will praise You, my God, O King, for your guarantee.*

#### V. God's Grace vs 14-21

**As we look at vs 14-21**, I want you to notice four of the many gracious things God does. 1) He helps the inadequate in verse 14; 2) He gives food to all His creatures in verse 15-16; 3) He answers those who pray in verse 18-19; and 4) He protects those who are His people in verse 20. Also in verses 14-21, notice the word "all." "All" appears repeatedly in these verses. "Stress falls on the all-inclusive nature of the worship and praise of God; all His deeds, all His attributes, through all time, and throughout all creation. David commits himself to continuous praise and informs his readers that they too must make the same commitment." (Dr. Barrick)

**Verse 14 says,** *“The Lord sustains **all** who fall And raises up **all** who are bowed down.”* God helps the inadequate. He holds up those who are falling and lifts up all who are bowed down (or discouraged). God cares about you and me. Have you lost hope this morning? Are you discouraged? God knows. God cares. In **Matthew 11:28–30**, Jesus says, 28 *“Come to Me, all who are weary and heavy-laden, and I will give you rest.* 29 *“Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and YOU WILL FIND REST FOR YOUR SOULS.* 30 *“For My yoke is easy and My burden is light.”* **1 Peter 5:7** says, *“casting all your anxiety on Him, because He cares for you.”* Will you cast your cares on Jesus? He is a God of love. He is a God of peace. He is a God of grace. I will praise You, My God, O King, for Your grace.

**Look at verses 15-16...** *“The eyes of all look to You, And You give them their food in due time. You open Your hand And satisfy the desire of every living thing.”* God gives food to all His creatures. He feeds the hungry. He satisfies thirst. God is a provider. *“The eyes of all look to God.”* They wait for and hope for God’s sustaining care. And God gives them their food in due time with an open hand satisfying their desire. What a gracious God. I will praise You, My God, O King, for Your grace.

**Look at verse 17...** *“The Lord is righteous in all His ways And kind in all His deeds.”* Pastor Steve Lawson writes, “God is righteous toward His people, always just in all His ways. He never deals with His creation wrongly, nor does He ever mismanage them with inequity. God is infinitely loving, never needlessly harsh.” He is worthy to be praised. He is kind. He is faithful. He is never disloyal, He is a God of grace. I will praise You, My God, O King, for Your grace.

**Verse 18-19 says,** *“The Lord is near to all who call upon Him, To all who call upon Him in truth. He will fulfill the desire of those who fear Him; He will also hear their cry and will save them.”* What comforting

words. God is near. He answers those who pray. He does not abandon His people. Who are God's people? 1) "all who call upon Him." (verse 18); What does it mean to call upon Him? "Calling on the name of the Lord is basic for salvation and presupposes faith in the Lord." (www.gotquestions.org) **Romans 10:13** says, "for *"WHOEVER WILL CALL ON THE NAME OF THE LORD WILL BE SAVED."*" **Acts 2:21** says, "*AND IT SHALL BE THAT EVERYONE WHO CALLS ON THE NAME OF THE LORD WILL BE SAVED.*" **Who are God's people?** 1) "all who call upon Him; 2) "All who fear Him" (verse 19). What does it mean to "fear God"? For the believer, it is to have a reverence for God. **Hebrews 12:28–29** says, "*Therefore, since we receive a kingdom which cannot be shaken, let us show gratitude, by which we may offer to God an acceptable service with reverence and awe; for our God is a consuming fire.*" "The fear of God is the basis for our walking in His ways, serving Him and loving Him." (www.gotquestions.org) Who are God's people? 1) "All who call upon Him"; 2) "All who fear Him"; 3) "all who love Him" (verse 20). Do you love Him? **Isaiah 55:6** says, "*Seek the LORD while He may be found; Call upon Him while He is near.*" **What does God do for His people?** 1) "He is near" (verse 18); 2) "He will satisfy or fulfill their desire" (verse 19a); 3) "He will hear their cry and save them" (verse 19b); 4) "He preserves them" (verse 20). Do you know God? Do you call upon Him? He is a God of Grace. Do you believe that? I will praise You, My God, O King, for Your grace.

**Verse 20** says, "*The Lord keeps all who love Him, But all the wicked He will destroy.*" We have already talked about the first part of this verse. "*The Lord keeps all who love Him.*" God protects those that are His. He watches over them. "*But all the wicked He will destroy.*" **Psalm 1:6** says, "*For the LORD knows the way of the righteous, But the way of the wicked will perish.*" We talked what it was to fear God as a believer. That is to have a reverence for Him. For the unbeliever, the fear of God is the fear of the judgement of God and eternal death, which is eternal separation from God. Are you one of God's people? If you are, God protects you. I will praise You, My God, O King, for your grace.

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**Verse 21 concludes this Psalm with a closing commitment of praise...** *“My mouth will speak the praise of the LORD, And all flesh will bless His holy name forever and ever.”* Will you pray this week...1)  
Lord, teach me to give you praise as my King. Lead me to find ways to praise you every day. Help me model praise for my children and grandchildren. Thank you for being gracious and merciful, slow to anger and steadfastly loyal. O God, preserve me, for I love You. I will praise You, My God, O King for Your greatness, for Your goodness, for Your glory, for Your guarantee and for Your grace.