

# God, Just Tell Me

## DISUCSSION GUIDE

### Week 3 - It's About the Breath

**Main Idea:** We tend to overcomplicate God's will and underestimate His goodness. God's will is less about what you do and more about who you trust and who you're becoming.

#### 1. Opener – Decisions, Decisions (5–7 min)

- “What’s the most ridiculous amount of time you’ve ever spent trying to make a simple decision?”
- “When it comes to big life choices (career, relationships, etc.), do you lean more toward overanalyzing or acting impulsively?”

#### 2. WHO Before DO (10–12 min)

“We tend to think of God’s will in terms of what we DO. But God’s will is more about WHO we trust and WHO we are becoming.”

**Discuss:**

- Why do you think we’re often more focused on *what to do* than *who we’re becoming*?
- What parts of your character do you sense God shaping right now?
- How might trusting God more deeply affect the way you approach decisions?

Remember: *Discerning God’s will starts with knowing God’s heart, not a secret plan.*

#### 3. What Went Wrong – Word / Deed / Power (12–15 min)

**Read:** Genesis 2:16–17, Ephesians 2:8–9

**Key Points Recap:**

- In Eden, **Word** was given → **Deed** was done → **Power** was lost.
- Jesus came as the Word, was obedient in Deed, and restored Power.

**Discuss:**

- How does the story of Adam and Eve mirror the way we sometimes try to control or define our own lives?

- Which of these three—**Word, Deed,** or **Power**—do you naturally connect with most in your relationship with God? (Scripture, Service, or Spiritual Power)
- Which one do you tend to neglect?

## 4. Two Trees – Knowledge vs. Life (10–12 min)

“Both branches of the Tree of Knowledge will kill you. We must walk away from that tree altogether.” – Bob Hamp

**Read:** John 14:6

**Discuss:**

- How can even “good” knowledge or religious performance keep us from actually experiencing life in Christ?
- What’s the difference between *knowing about God* and *experiencing God*?
- In what areas of your life do you tend to rely more on knowledge than on the Spirit?

## 5. Power Restored – Breath of God (10–12 min)

**Read:** John 20:21–22, Ezekiel 37:1–14

**Discuss:**

- What stands out to you about Jesus breathing on His disciples?
- What would it look like to live more aware of the Holy Spirit’s power in daily decisions?
- How can we practice receiving rather than achieving?

## 6. Wrap Up & Prayer (5–7 min)

**Summary Points:**

- God’s will is more about **WHO** you are becoming than **WHAT** you are doing.
- Jesus restored Word, Deed, and Power so we could walk with God again.
- Life in the Spirit > life by knowledge.

**Practical Next Step:**

Take 5 minutes each day this week to sit in silence, palms open, and simply pray: “Lord, I believe. I receive. Lead me by your Spirit.”

**Group Prayer:**

Invite the group to pray, asking the Holy Spirit to fill and guide them.