



THE 7 BIG QUESTIONS

SERMON DISCUSSION QUESTIONS

1

Session One:

Does Life Have a Purpose?

Icebreaker

Go around the group and answer:

“What’s a big or funny question you asked as a kid?”

(Optional follow-up: What’s a big question you’ve wrestled with more recently?)

Sermon Recap

If your group didn’t hear the sermon, summarize this key story:

Tom Brady, in a 60 Minutes interview, said:

“Why do I have three Super Bowl rings and still think there’s something greater out there for me?... I wish I knew.”

Even when we reach our goals, something in us still longs for more. That longing points to a deeper question:

Does my life have a purpose?

Read Scripture Together

- Ecclesiastes 2:1–11
- John 17:3
- Philippians 3:8–10
- Jeremiah 9:23–24
- John 15:1–8

Discussion Questions

1. Opening Reflection

- Have you ever reached a goal or had an experience that left you thinking, “Is this all there is?” What was that like?
- What do you think most people in our culture believe is the purpose of life?

2. Wrestling with Emptiness

- Ecclesiastes 2 gives a long list of things Solomon tried in search of meaning—pleasure, possessions, work, wisdom. Which of these are most tempting for people to chase today? Why do they fall short?
- Why do you think even good things (vacations, relationships, success) can feel underwhelming over time?

3. Made for More

- C.S. Lewis said, “If I find in myself a desire which no experience in this world can satisfy... the most probable explanation is that I was made for another world.”
- What’s your reaction to that quote?
- Do you think the desire for more is a curse—or a clue?

4. A Two-Part Purpose

According to Scripture, we were created for two eternal purposes:

1. To know God (John 17:3, Philippians 3:8-10, Jeremiah 9:23-24)
 2. To make God known (John 15:1-8)
- What do you think it practically means to “know God”?
 - Who in your life has helped you know God more personally?
 - In what ways do you think God might be calling you to help make Him known—right now, in your current season?

Personal Application

- Is there a way you feel disconnected from your purpose right now?
- What’s one step you could take this week to grow in either knowing God more or helping someone else know Him?

ADDITIONAL RESOURCES

- Ortberg, John. *The Life You’ve Always Wanted*. Grand Rapids, MI: Zondervan Pub. House, 1997.
- Warren, Richard. *The Purpose-Driven Life: What on Earth Am I Here For?* Grand Rapids, MI: Zondervan, 2002.
- “Meaning and Purpose,” Explore God. <http://www.exploreGod.com/meaning-and-purpose>.
- Shores, Matt. “Does Life Have a Purpose?” Explore God. <http://www.exploreGod.com/does-life-have-a-purpose>.