

Romans 14:13-23

FBCG, September 21, 2025

Hebrews 4:12–13 (ESV)¹²For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. ¹³And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

2 Timothy 3:16–17 (ESV)¹⁶All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, ¹⁷that the man of God may be complete, equipped for every good work.

Romans 14:13–23 (ESV)¹³Therefore let us not pass judgment on one another any longer, but rather decide never to put a stumbling block or hindrance in the way of a brother. ¹⁴I know and am persuaded in the Lord Jesus that nothing is unclean in itself, but it is unclean for anyone who thinks it unclean. ¹⁵For if your brother is grieved by what you eat, you are no longer walking in love. By what you eat, do not destroy the one for whom Christ died. ¹⁶So do not let what you regard as good be spoken of as evil. ¹⁷For the kingdom of God is not a matter of eating and drinking but of righteousness and peace and joy in the Holy Spirit. ¹⁸Whoever thus serves Christ is acceptable to God and approved by men. ¹⁹So then let us pursue what makes for peace and for mutual upbuilding. ²⁰Do not, for the sake of food, destroy the work of God. Everything is indeed clean, but it is wrong for anyone to make another stumble by what he eats. ²¹It is good not to eat meat or drink wine or do anything that causes your brother to stumble. ²²The faith that you have, keep between yourself and God. Blessed is the one who has no reason to pass judgment on himself for what he approves. ²³But whoever has doubts is condemned if he eats, because the eating is not from faith. For whatever does not proceed from faith is sin.

1 Corinthians 8:1–3 (ESV)¹Now concerning food offered to idols: we know that “all of us possess knowledge.” This “knowledge” puffs up, but love builds up. ²If anyone imagines that he knows something, he does not yet know as he ought to know. ³But if anyone loves God, he is known by God.

John 15:12–14 (ESV)¹²“This is my commandment, that you love one another as I have loved you. ¹³Greater love has no one than this, that someone lay down his life for his friends. ¹⁴You are my friends if you do what I command you.

1 Corinthians 13:1–8 (ESV)¹If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. ²And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. ³If I give away all I have, and if I deliver up my body to be burned, but have not love, I gain nothing. ⁴Love is patient and kind; love does not envy or boast; it is not arrogant ⁵or rude. It does not insist on its own way; it is not irritable or resentful; ⁶it does not rejoice at wrongdoing, but rejoices with the truth. ⁷Love bears all things, believes all things, hopes all things, endures all things. ⁸Love never ends. As for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away.

Galatians 2:20 (ESV)²⁰I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

1 Corinthians 8:12–13 (ESV)¹²Thus, sinning against your brothers and wounding their conscience when it is weak, you sin against Christ. ¹³Therefore, if food makes my brother stumble, I will never eat meat, lest I make my brother stumble.

1 Corinthians 10:23–11:1 (ESV)²³“All things are lawful,” but not all things are helpful. “All things are lawful,” but not all things build up. ²⁴Let no one seek his own good, but the good of his neighbor. ²⁵Eat whatever is sold in the meat market without raising any question on the ground of conscience. ²⁶For “the earth is the Lord’s, and the fullness thereof.” ²⁷If one of the unbelievers invites you to dinner and you are disposed to go, eat whatever is set before you without raising any question on the round of conscience. ²⁸But if someone says to you, “This has been offered in sacrifice,” then do not eat it, for the sake of the one who informed you, and for the sake of conscience— ²⁹I do not mean your conscience, but his. For why should my liberty be determined by someone else’s conscience? ³⁰If I partake with thankfulness, why am I denounced because of that for which I give thanks? ³¹So, whether you eat or drink, or whatever you do, do all to the glory of God. ³²Give no offense to Jews or to Greeks or to the church of God, ³³just as I try to please everyone in everything I do, not seeking my own advantage, but that of many, that they may be saved. ¹Be imitators of me, as I am of Christ.

Application and Summation

- Stand unwavering on God’s truths, commands and tenets of the faith.
- Choose/decide not to be divided over secondary, tertiary issues and opinions.
- While discussion on differences and convictions may be healthy and helpful, like Iron sharpening iron, let it not become quarrel some or divisive.
- Choose/decide not to put a stumbling block or hindrance in the way of another believer.
- Nothing is unclean in Christ, but if you think it to be unclean.... Then it is unclean to you.
- Even though you may have the freedom in Christ to choose what is best, on these secondary issues, you may (should) choose to abstain if it is causes your brother to grieve or stumble, lest you not be walking in love.
- If something is unclean for you, and you indulge... it is sin for you.
- Walk by faith and not by sight.
- Lead, live and enjoy your freedom in Christ’s love for one another.