

## **MAKING THE REST OF YOUR DAYS THE BEST DAYS**

### **Psalm 90**

#### **1. Live in awe of God**

*Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God. (2)*

#### **2. Stop trying to control everything**

*You return man to dust and say, "Return, O children of man!" For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. (3-4)*

#### **3. Get right with God**

*The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away. Who considers the power of your anger, and your wrath according to the fear of you? (10-11)*

#### **4. Think in terms of days not years**

*So teach us to number our days that we may get a heart of wisdom. (12)*

#### **5. Start every day with gratitude**

*Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. (14)*

#### **6. Invest your life in God's work**

*Let your work be shown to your servants, and your glorious power to their children. Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! (16-17)*