

**THE PATH TO PEACE**  
**Psalm 131**

**1. A peaceful life comes from humility**

*O Lord, my heart is not lifted up... (1)*

**2. A peaceful life comes from contentment**

*...my eyes are not raised too high... (1)*

**3. A peaceful life comes from simplicity**

*...I do not occupy myself with things  
too great and too marvelous for me. (1)*

**4. A peaceful life comes from self-control**

*But I have calmed and quieted my soul... (2)*

**5. A peaceful life comes from childlike faith**

*...like a weaned child with its mother... (2)*

**6. A peaceful life comes from hope in the Lord**

*O Israel, hope in the Lord  
from this time forth and forevermore. (3)*