

THE PERFECT LIFE

Genesis 2

1. The perfect life involves rest

So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation. (3)

2. The perfect life involves work

The Lord God took the man and put him in the garden of Eden to work it and keep it. (15)

3. The perfect life involves discipline

And the Lord God commanded the man, saying, "You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die." (16-17)

4. The perfect life involves people

Then the Lord God said, "It is not good that the man should be alone; I will make him a helper fit for him." (18)

5. The perfect life involves obedience

Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. (24)

6. The perfect life excludes sin

And the man and his wife were both naked and were not ashamed. (25)