

WHAT TO REMEMBER WHEN YOU WANT TO QUIT
1 Peter 3:18-20

1. Remember Jesus

For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit, (18)

2. Remember the unseen realm

in which he went and proclaimed to the spirits in prison, because they formerly did not obey... (19-20)

3. Remember Noah

...when God's patience waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water. (20)