

## A Word About Worry Philippians 4:6-7

### 1. Christians are not to worry about \_\_\_\_\_.

*Be anxious for nothing... (v. 6a)*

In *Luke 12:22-32* Jesus gives 3 reasons why worry is unnecessary:

I have no control \_\_\_\_\_ . (v. 25-26)

God is in control \_\_\_\_\_ . (v. 24, 27-28)

God loves me \_\_\_\_\_ . (v. 32)

### 2. Christians are to respond to worry with \_\_\_\_\_.

*...but in everything by prayer and supplication, with thanksgiving, let your requests be made known unto God... (v. 6b)*

### 3. Christians are guaranteed \_\_\_\_\_ when responding to worry with prayer.

*And the peace of God which surpasses all understanding, will guard your hearts and minds through Christ Jesus. (v.7)*

**Question: If I'm not to worry, why does God allow worrisome situations?**

**Answer: To conform me into the image of Christ!**

*My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing. James 1:2-4*

*And we know that all things work together for good to those who love God, to those who are the called according to His purpose. For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren. Rom. 8:29-30*

Some points about prayer:

Prayer may not change my \_\_\_\_\_, but it will always change \_\_\_\_\_. *Ps. 13*

Worry is \_\_\_\_\_ when it drives me to prayer because it drives me to God. *Gen. 32*

## **A Word About Worry** **Philippians 4:6-7**

### **1. Christians are not to worry about anything.**

*Be anxious for nothing... (v. 6a)*

In *Luke 12:22-32* Jesus gives 3 reasons why worry is unnecessary:

I have no control ultimately. (v. 25-26)

God is in control completely. (v. 24, 27-28)

God loves me passionately. (v. 32)

### **2. Christians are to respond to worry with prayer.**

*...but in everything by prayer and supplication, with thanksgiving, let your requests be made known unto God... (v. 6b)*

### **3. Christians are guaranteed peace when responding to worry with prayer.**

*And the peace of God which surpasses all understanding, will guard your hearts and minds through Christ Jesus. (v.7)*

**Question: If I'm not to worry, why does God allow worrisome situations?**

**Answer: To conform me into the image of Christ!**

*My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing. James 1:2-4*

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Some points about prayer:

Prayer may not change my circumstances, but it will always change my outlook. *Ps. 13*

Worry is beneficial when it drives me to prayer because it drives me to God. *Gen. 32*