## Joy Through Anything I Thessalonians 5:16-18

In this passage the Lord gives three simple commands to the church. To understand and heed them is to experience continual joy.

Understand that God commands us to be joyful.
Rejoice always (v. 16)
3 reasons Christians don't experience joy:
1. <u>sin</u>
2. <u>fear</u>
3. <u>circumstances</u>
Understand the path to joy is found in practicing God's <u>presence</u> .
Pray without ceasing (v. 17)
Understand that joy involves obedience to God's will and deciding
to <u>die</u> .
In everything give thanks; for this is the will of God in Christ Jesus concerning you (v. 18)