

IF YOU FIND YOURSELF IN A BAD PLACE
Psalm 56

1. Ask God for grace

Be gracious to me, O God... (1)

2. Confront fear with faith

When I am afraid, I put my trust in you. (3)

3. Commit your critics to God

All day long they injure my cause; all their thoughts are against me for evil. They stir up strife, they lurk; they watch my steps, as they have waited for my life. For their crime will they escape? In wrath cast down the peoples, O God! (5-7)

4. Find comfort in God's care

You have kept count of my tossings; put my tears in your bottle. Are they not in your book? Then my enemies will turn back in the day when I call. This I know, that God is for me. (8-9)

5. Be confident in God's Word

In God, whose word I praise, in the Lord, whose word I praise, in God I trust; I shall not be afraid. What can man do to me? (10-11)

6. Celebrate the gifts of God

I must perform my vows to you, O God; I will render thank offerings to you. For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life. (12-13)